

Night Prayer

A liturgy
to be used at home



*This resource has been prepared using A4 size pages.
When printing, we suggest choosing the booklet option on your printer driver
to produce an 8 x A5 page booklet.*

You may wish to light a candle and have some reflective music playing in the background.

The eternal God is your refuge,
and underneath are the everlasting arms.

Deuteronomy 33.27

Preparation

The Lord almighty grant us a quiet night and a perfect end.
Amen.

Our help is in the name of the Lord
who made heaven and earth.

A period of silence follows, for reflection on the past day.

**Holy God,
holy and strong,
holy and immortal:
have mercy on us.**

O God, make speed to save us.
O Lord, make haste to help us.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The following hymn may be said.

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.

To you, O saving Three in One,
let homage due by all be done;
and grant us, by the cross restored,
to share the Victor's great reward. Amen.

Psalmody

From Psalm 139

- 1 O Lord, you have searched me out and known me;
you know my sitting down and my rising up;
you discern my thoughts from afar.
- 2 You mark out my journeys and my resting place
and are acquainted with all my ways.
- 3 For there is not a word on my tongue,
but you, O Lord, know it altogether.
- 4 You encompass me behind and before
and lay your hand upon me.
- 5 Such knowledge is too wonderful for me,
so high that I cannot attain it.
- 6 Where can I go then from your spirit?
Or where can I flee from your presence?
- 7 If I climb up to heaven, you are there;
if I make the grave my bed, you are there also.
- 8 If I take the wings of the morning
and dwell in the uttermost parts of the sea,
- 9 Even there your hand shall lead me,
your right hand hold me fast.
- 10 If I say, 'Surely the darkness will cover me
and the light around me turn to night,'
- 11 Even darkness is no darkness with you;
the night is as clear as the day;
darkness and light to you are both alike.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Scripture reading

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?
Isaiah 58. 6,7

The following responsory may be said

Into your hands, O Lord, I commend my spirit.
Into your hands, O Lord, I commend my spirit.

For you have redeemed me, Lord God of truth.
I commend my spirit.

Glory to the Father and to the Son
and to the Holy Spirit.
Into your hands, O Lord, I commend my spirit.

Keep me as the apple of your eye.
Hide me under the shadow of your wings.

Gospel Cantic

The Nunc Dimittis (Song of Simeon) is said.

**Christ died for us,
so that, whether we wake or sleep,
we might live with him.**

- 1 Now, Lord, you let your servant go in peace:
your word has been fulfilled.
- 2 My own eyes have seen the salvation
which you have prepared in the sight of every people;

3 A light to reveal you to the nations
and the glory of your people Israel.

Luke 2.29-32

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**Christ died for us,
so that, whether we wake or sleep,
we might live with him.**

Prayers

Prayer about the COVID-19 outbreak

Lord Jesus Christ,
you taught us to love our neighbour,
and to care for those in need
as if we were caring for you.
In this time of anxiety, give us strength
to comfort the fearful, to tend the sick,
and to assure the isolated
of our love, and your love,
for your name's sake.

For those who are ill

Merciful God,
we entrust to your tender care
those who are ill or in pain,
knowing that whenever danger threatens
your everlasting arms are there to hold them safe.
Comfort and heal them,
and restore them to health and strength;
through Jesus Christ our Lord.

For hospital staff and medical researchers

Gracious God,
give skill, sympathy and resilience
to all who are caring for the sick,
and your wisdom to those searching for a cure.
Strengthen them with your Spirit,
that through their work many will be restored to health;
through Jesus Christ our Lord.

The Collect

Visit this place, O Lord, we pray,
and drive far from it the snares of the enemy;
may your holy angels dwell with us and guard us in peace,
and may your blessing be always upon us;
through Jesus Christ our Lord.
Amen.

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The Conclusion

In peace we will lie down and sleep;
for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
for the night is at hand and the day is now past.

As the night watch looks for the morning,
so do we look for you, O Christ.

May God bless us,
that in us may be found love and humility,
obedience and thanksgiving,
discipline, gentleness and peace.
Amen.