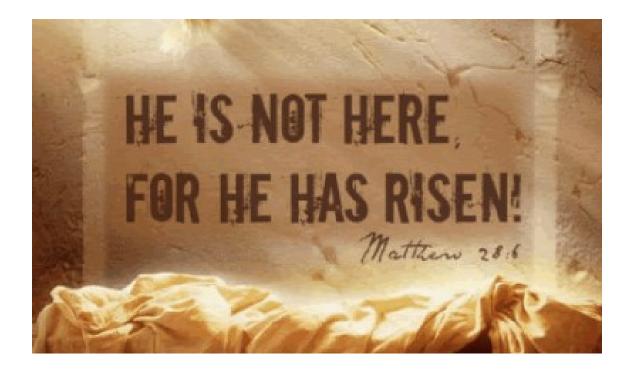
Parish News

The Benefice Magazine for St Oswald's, Warton and St Mary's, Borwick with St John's, Yealand







DEAR READER

Hello everyone

Re-formatting all the entries for your Parish Magazine can take up to **10 hours per** edition, so to help reduce the volunteer time involved in producing and editing your magazine, please try to send your copy in as follows:

- 1. When submitting pictures or photographs, think how they will look when printed in black and white.
- 2. Please use Calibri font size 14pt in black.
- 3. Copy submitted by email to be in plain text as above.
- 4. Please set paragraph spacing to 0.
- 5. Please set line spacing to 1.
- 6. Please avoid the use of styles.
- 7. Please submit posters in landscape format.

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If you need any help with the above, please do not hesitate to ask - I am always happy to help ^(C)

Kind regards, Kate

Accessing the Parish News magazine

As we have explained in recent editions of the magazine we have decided that we need to reduce the overall cost of printing the magazine.

Like many other publications, we are aware that an increasing number of people are able to access and read newspapers and magazines online on their computer/ tablets/phone or by downloading a copy and printing if they need to.

Copies will be delivered to people who have requested this option and copies will continue to be available for collection from each of our churches.

If you, or someone you know, would a print copy delivered to your home please let Angela Sewell know by phone at 01524 734308 or by email at <u>alsewell@btinternet.com</u> or by post at The Vicarage, 92 Main Street, Warton, Carnforth LA5 9PG.

The Benefice and Social Media

Make sure you keep up to date with all the latest news via

our website at www.ubwby.org

or on Facebook at <u>www.facebook.com/UnitedWBY/</u> or on Twitter at https://twitter.com/UnitedWBY

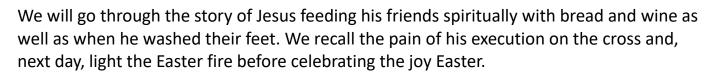




Welcome to our April Parish News

What links Hot Cross Buns and Advent Calendars?

Both have moved so far from their origins that they have lost their meaning. I thought that when I heard that one retailer is selling chocolate hot cross buns. Is that what has happened to the meaning of Easter? Time for a re-boot and your local church can provide it!



Of course, the story of Easter is complex and not easy. This is no surprise because it is told by people who experienced it in their own different ways. That makes it very real for me. But one theme goes through it all. Against all expectation his followers knew Jesus was alive. All the good things he gave them, his message of God's love were continuing despite his death. Quite simply they now could dare to hope. They could believe in a better world. We follow in their footsteps. Christians are still driven by daring to hope. So, we work for peace and justice, we give comfort and help because Jesus' message is alive.

One of the more unusual symbols of Easter is the butterfly. The caterpillar is transformed into a beautiful flying creature - but all that makes up a butterfly is in the caterpillar. Christianity is about seeing our potential and, like the disciples, daring to hope.

In our benefice we are at a cross-roads. We are grateful to Robin for his ministry and all his care and we pray for him and Elizabeth in a new stage of their life. Please also pray for those, both in our benefice and in the diocese, who will choose someone to minster here and for that person to receive the call from God. Meanwhile, we can dare to hope. If we just live in the past and think of all the problems and setbacks, we will get nowhere. If, however, we look forward like the disciples, think of all the potential we can release.

What is your vision for our benefice? Dare you hope for it? Of course, we will have lots of question and uncertainties – we are only human. However, we can also tap into that stream of hope and happiness that comes from the first Easter.

Have Hot Cross Buns had their day? Far from it! However, real ones have a cross and spices reminding us of that sad day on Calvary but, above all, they are sustaining and delicious - just like Easter.

So, I invite you to join us for that re-start at some or all of our Easter services. After all, Christ has died and Christ has risen. Alleluia. Happy Easter !

Peter Mann



Services during March

The regular pattern of services on <u>Sundays</u> is:

- 8.00am Eucharist at St Oswald's (according to the Book of Common Prayer)
- 9.15am Parish Eucharist at St John's. This service will be livestreamed on the Benefice <u>YouTube channel</u>.
- 9.15am Eucharist at St Mary's (on the 1st & 3rd Sundays of the month).
- 11.00am Parish Eucharist at St Oswald's

The regular pattern of <u>midweek</u> services is:

Tuesdays Eucharist at St Mary's at 11.00am on the 2nd Tuesday of the month

Wednesdays Eucharist at St John's at 9.15am

Thursdays Eucharist at St Oswald's at 11.00am

Night Prayer

A recording of Night Prayer (Compline) is available via the link on the home page of our website; the form of service is also available to download.

The pattern of midweek activities in our churches includes:

Tuesdays	Coffee Stop at S <u>t</u> Oswald's from 9.00am until 11.00am						
Tuesdays	<i>Faith Matters</i> group at St Mary's at 12 noon until 1.00pm on the 2nd Tuesday of the month. Bring your own lunch; drinks provided.						
Wednesdays	Knit & Natter at St John's at 2.00pm on the 2nd Wednesday of the month						
Thursdays	Breaking Bread Lunch at St Oswald's at 11.45am						
Fridays	Coffee @ St John's from 10.30am until 12 noon, with lunch on the 2nd Friday of the month.						

Please check the Weekly Sheet, Benefice website or Facebook page for any changes to the above information.

STATIONS OF THE CROSS DURING LENT

During Lent there will be a service of Stations of the Cross each Friday at 6.00pm at St Oswald's (please note change of day & time from that advertised in the February Parish News). The service lasts approximately 30 minutes. All are encouraged to attend at least once during Lent.

LENT READINGS BOOKLET

The Diocese has produced a booklet of daily readings for Lent titled 'That You May Know The Truth'. Copies are available in each church; please take one. Download a copy at https://tinyurl.com/4k64rsjb.

Looking ahead — Services for Holy Week and Easter

Sunday 2nd April – Palm Sunday

- 8.00am Eucharist at St Oswald's, Warton
- 9.15am Blessings of Palms and Eucharist at St John's, Yealand
- 9.15am Blessings of Palms and Eucharist at St Mary's, Borwick
- 11.00am Blessing of Palms and Eucharist at St Oswald's, Warton

Thursday 6th April – Maundy Thursday

- 11.00am Eucharist at St Oswald's, Warton
- 7.30pm Eucharist of the Last Supper followed by Vigil of Prayer at St Oswald's, Warton

Friday 7th April – Good Friday

- 10.00-10.15.am Gather at St Oswald's, Warton for Walk of Witness up Warton Crag
- 10.30am Service for those not walking at Warton Methodist Church
- 2.00pm Hour at the Cross at St Mary's, Borwick
- 6.30pm The Liturgy of the Cross at St Oswald's, Warton

Saturday 8th April – EASTER EVE

8.30pm The Easter Vigil, Renewal of Baptismal Vows and Eucharist at St John's, Yealand

Sunday 9th April – EASTER DAY

- 8.00am Eucharist at St Oswald's, Warton
- 9.15am Parish Eucharist with Renewal of Baptismal Vows at St John's, Yealand
- 9.15am Eucharist with Renewal of Baptismal Vows at St Mary's, Borwick
- 11.00am Parish Eucharist with Renewal of Baptismal Vows at St Oswald's, Warton

Oversight of the United Benefice during the vacancy (time when no Vicar is in post)

As from 13th March the first point of contact with the churches in the Benefice will be via Annette MacKenzie, the Licensed Lay Minister. Enquiries can also be directed to one of the churchwardens for the appropriate church. For contact details please see the back page of the magazine.

Annette and the churchwardens will respond if possible or they will pass on any enquiry to the appropriate person in the Benefice or contact the Area Dean or Archdeacon for assistance if necessary.

As from 13th March emails can be sent to <u>vicar.ubwby@gmail.com</u> and these will be received by Annette MacKenzie. Please note that the email address vicarwby@outlook.com should not be used after this date.







<u>St Oswald's Charity Coffee</u> <u>Mornings</u>

First Saturday of every month 10am-12pm A chance for the community to come together and raise money for good causes.

Contact Vanessa Alpin 07746 790979 to discuss hosting for your charity.



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United Benefice dates for your diary: SPRING 2023 so far..

1st April	Crohn's Coffee Morning 10am-12pm							
2nd April	Young Generations 6-8pm							
9th April	Easter Day and Evening Celebration							
6th May	Prince's Trust Coffee Morning 10am-12pm							
	& King Charles' Coronation							
7th May	Young Generations 6-8pm							
8th May	Warton Village Coronation Day tbc Borwick & Yealand tbc							
3rd June	Irvine's Coffee Morning 10am-12pm							
4th June	Young Generations 6-8pm							
18th June	Father's Day							
1st July	Fundraising Coffee Morning 10am-12pm							
2nd July	Young Generations 6-8pm							

The Young Generations — For young people aged 9+

This group for young people aged 9+ meets monthly each first Sunday 6pm-8pm at St Oswald's, Warton. We will have food, play some great games together and think of ways we can help our community and the world.

We hope to see you; all are welcome. If you are interested and want to know more please contact Emma, <u>evbrantley@hotmail.com</u>.



Children's Society Boxes

Many thanks for all the pennies to pounds collected over the past year in your boxes. I have been able to send off £538.90, which is wonderful. Thank you all so much. If you are interested in reading their latest newsletter, it is at the back of church - unless someone has taken it home to read - in which case keep looking out for it, as they will return it.

If there is anyone who has not got a box who would like to support the Society in this way, please let me know (01524 419252) and I will give you a box.

I collect and count them annually in February.



Janet Mann

Coffee Stop at St Oswald's

Tuesdays 9.00am to 11.00am.

A warm place to meet for a drink, cake and a chat! Toys are available for young children. All are welcome.

Join us for Lunch!

On Thursdays at St Oswald's we offer a lunch, usually soup, sandwiches and cakes. We have a quiet Eucharist in church at 11.00am followed by lunch at about 11.45am. Join us for either, or both! Carers are welcome too. If you need transport we will try to help.

A donation of around £3 is invited.

Coffee @ St John's

Fridays 10:30am till 12noon.

Please join us for coffee, tea and cake. Book and jigsaw swap. All welcome. On the 2nd Friday of the month a lunch follows coffee.

Bible Study Group – daytime

A monthly bible study group meets on the **2nd Monday of each month** from 10am until 12 noon at Fernlands, Tewitfield.

Contact Noeline Clarke on 01524 732825 for more details. All are welcome.

Bible Study Group – evening

A monthly bible study group meets on **Wednesday evenings at 7.15am for 7.30pm** in Yealand Conyers. The group is studying the Old Testament book Ruth.

Contact Jodie Kilty at jodiekilty@hotmail.co.uk for more details. All are welcome.

RECYCLING DRUG BLISTER PACKS

The plastic and aluminium packs holding medicinal drugs can be recycled by Teracycle. There is a collection box at the back of St Oswald's behind the bookstall and one in St John's.











From Robin & Elizabeth

Thank you so much for the wonderful cards and most generous gifts that we were presented with on 5th March. We are truly grateful for all the kindness shown to us as we shared our last service with you in the Benefice.

As we move onto pastures new in Bishop Auckland, County Durham, we will take with us many very happy memories of our time here.

May God bless you as you journey through the vacancy.

May God's Love and Light be your guide along the way.

We wish you peace and every blessing.

Thank you all.





Knit and Natter at St John's

Knit and Natter will meet on Wednesday 12th April at 2.00pm in St John's.

The benefice continues to support Knit-A-Square.com, helping orphaned or vulnerable children in South Africa. To date we have sent several thousand 8" knitted or crocheted



squares to be made into blankets, along with a number of hats and toys. I have been given a large quantity of wool to be used to make things for the charity. Please let me know if you would like some or if you would like to know more about what is needed.

Thank you very much to everyone who has contributed and keep up the good work!

Sally-Ann Rothwell (734585, sally-ann@thebower.co.uk)

Junior Church

Thank you to everyone who supported our tree in the Christmas Tree Festival.

It was the one by the door as you went in. We were delighted to be able to send the RSPB £66.87.



Many thanks, also, to all those from across the benefice who have

been contributing to our Lent Challenge, donating an item a week to Lancaster and District Homeless Action Service (LDHAS) through Lent. We have wonderful support and the charity are extremely grateful for all the donations received so far.

In Junior Church we have been thinking about what it might feel like to be homeless and the difficulties that homeless people face. We have also been learning about how LDHAS support people who find themselves in these very difficult circumstances. We will visit their homeless centre after Easter and are really looking forward to learning more about their work.

We were sorry to say farewell to Robin and Elizabeth at the beginning of March. Both have been enormously supportive of Junior Church and Elizabeth was a regular leader. She was much loved by the children for her wisdom, kindness, sense of humour and incredible story telling skills. She frequently had us spellbound! We will really miss them both and we wish them well in their next adventure.

As we continue through Lent we are looking forward to our special workshop on Palm Sunday, when we walk through the events of Easter together, learning, sharing, crafting and creating an Easter Garden.



Do get in touch if you would like to join us. We meet every Sunday in term time in St Oswald's Church Hall from 11 - 12am with children aged 3 to 10 and under 3's accompanied by an adult. We explore out faith together through activities, games, songs, drama and fun! Visiting children are always welcome. For more information, contact Vanessa Alpin on 07746 790979.

Junior Church Lent Challenge

Many people give things up for Lent, as a form of fasting.

We are turning that idea on its head with our Lent Project. Instead of giving something up, we will be giving to those for whom fasting is not a choice but often a reality, the homeless people in this area.

Each Sunday in Lent, we are aiming to give an item per family to be donated to the Lancaster and District Homeless Action Service (LDHAS). To ensure that those donations are appropriate we will be contacting the charity each week to ask what they need. These items will be listed in the pew sheet and collected the following Sunday. Anyone across the Benefice who would like to join us in the project would be very welcome. Please keep an eye open for more information in the pew sheets.

LDHAS was set up in 1987 by a group of local churches. It is a day centre which provides a friendly, warm and safe environment, free of judgment, for vulnerable people and those whose lives are in crisis. The support they offer includes food, shower and laundry facilities, access to phones and computers and help to access support from other agencies.

Their clients are ordinary people who circumstances have altered their way of life. The issues they face include financial and budgeting difficulties, relationship breakdown, lack of social and family support, leaving care, prison or rehab, mental health issues and substance misuse.

Since the charity started, it has been based in a portacabin in Edward Street in Lancaster. That site is scheduled for redevelopment as part of the Canal Quarter and they plan to move into new premises at 2 Aalborg Place later this year. Builders are currently refurbishing the first two floors to provide facilities to support the homeless and they have launched an appeal to raise money to develop the top floor into office space.

If you wish to support this appeal or the work of the charity in general, you can do so through their website <u>https://www.ldhas.org.uk</u>.

Their address is Homeless Action Centre , Edward St , Lancaster , LA1 1QH



Charity Coffee Morning in Memory of Dr Monika Placzek

Many thanks to all those who attended the coffee morning in aid of ADM Nepal held in memory of Dr Monica Placzek who was one of the founders of the charity.

It was particularly special that Anne Allen and Dot Coupe, the other two founders, and one of Monica's sisters were able to join us.



Lots of people came, most of whom had known Monica either as a work colleague, friend or rambler and many memories were shared.

Thanks also go to all those who helped on the day, the bakers and all those who donated so generously. Without you we would not have been able to raise £1200, a wonderful amount!

Initially Anne and Dot had thought of putting the money towards a specific project for the New Nepal Society Children's Home in Kathmandu. However, when they consulted the manager of the home it became clear that, due to rising costs, the home is desperately short of basic supplies. To start with, they have been asked for rice, lentils, cooking oil, first aid and basic medicines, slippers (flip flops) and towels so the children no longer have to dry themselves with their t-shirts.

If anyone missed the event, but would like to contribute you can do so via the charity's website or contact Vanessa Alpin on 07746 790979



ADM Nepal Charitable Trust A Brighter Future for Children in Need

https://www.admnepal.org.uk







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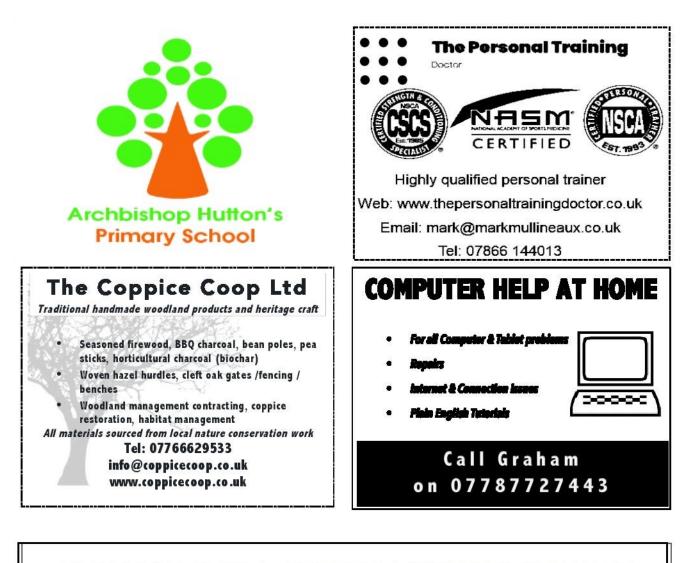
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Original watercolours by a local artist

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Or visit the online gallery at: www.peninsulawatercolours.co.uk

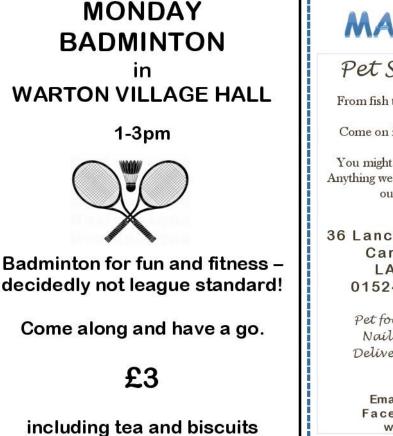
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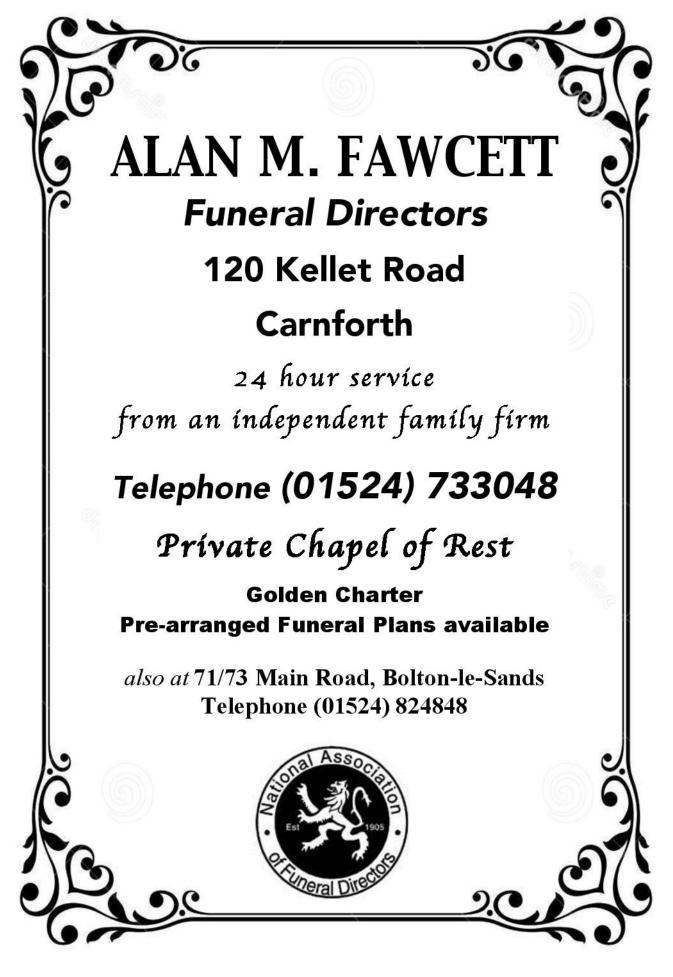


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From our Villages



As I write this article, we are half way through Lent and looking forward to Easter. April begins with Holy Week when we remember Jesus' triumphant entry into Jerusalem, crowds thronged the way, waved palm branches and hailed Jesus as king then

by the end of the week He was being tried and condemned to death on a cross! However, if the story of Easter stopped there it would be a very sad tragic story indeed but Hallelujah, Jesus rose from the dead and we can celebrate His glorious Resurrection on Easter Sunday. Have we crowned Him Lord of our lives and hearts? Thank You Jesus for what You did for us.

We have a number of events taking place during the Easter period this year.

The first of these is Messy Easter on Palm Sunday 2nd April 4-6pm. All children welcome to come and have fun with their parents/carers and find out more about the story of Easter.

On Good Friday 7th April, we are joining with St Oswald's for our Walk of Witness when we meet at 10am at St Oswald's to walk up Warton Crag. This will be followed by hot cross buns, tea and coffee at Warton Methodist Church.

At the same time there will be a service in Warton Methodist Church at 10.30am led by Rev Emma Holroyd. We do hope you can join us for these events.

On Easter Sunday our Easter Service of Communion at 10.00am will be led by Rev Emma Holroyd.

Throughout the month of April our Sunday morning services continue at 10.00am. Little Stars continue to meet every Thursday morning from 9-11 during term time.

We wish you all a very Happy Easter.



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From our villages

a stranger	the HERON theatre Stanley Street, Milnthorpe, LA7 7AS
Forthcomin	ng Performances
2 nd April –	Rosamund Brass – from the Royal Northern College of Music will share their passion for brass chamber music 2.30pm
19 th April –	Sugarfoot – A country music band will play a rich blend of covers together with some of their original songs 7.30pm
21 st April –	Sense & Sensibility – Jane Austen's famous classic novel will be performed by Hotbuckle Productions 7.30pm
28 th April	Film at the Heron – Phantom of the Open with Mark Rylance - story of Maurice Flitcroft, a Barrow shipyard worker who gatecrashes the 1976 British Open Golf championship – 7.30pm
	seats & book online at www.theherontheatre.com Tel: 015395 64283



Warton Post Office Outreach

Warton Post Office Outreach is available in the Village Hall weekly each Tuesday from 10.30am to 12 noon staffed by Carnforth Post Office.

Please make use of this facility to keep it viable in the future— It is a lovely community initiative for the Village.



Warton Village Hall.

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From our villages

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Activities for those living with dementia



Dignity in Dementia April Activities

Tuesday Cuppa & Chat sessions at Abbot Hall Social Centre, Dowkers Lane, Kendal – an opportunity for people with dementia and their family carers to get together for a chat and enjoyable activities, including guest speakers covering a range of interesting / entertaining subjects. Tuesday 11th & 25th April 10.30 am - noon

Social table tennis – at Arnside Educational Institute, Church Hill, Arnside, 10.30 am start - Wednesdays 5th & 19th April

Silverdale Songsters - Dementia Embracing Community Singing Group—Friday mornings between 10.30 – 11.30 am at St John's Church Hall, St John's Church, Silverdale. Woodland Wellness – Being outside is good for us all. Come and join us for enjoyable activities connected to nature - in the woods next to Arnside Carpark (LA5 0BP) Monday 24th April 11am – 12 noon

Music and Memories at Carnforth Free Methodist Church Music to feed the brain

2nd & 4th Thursdays monthly | 1.30-3.30pm | Free of charge *For those with dementia or memory loss and their carers*

Sing old familiar songs, learn a few new ones, try singing simple rounds or playing percussion instruments. We also have a hymn and a thought for the day. Most of the time is familiar songs and enjoying chatting and having some refreshments together - including cake!

We ask that each person be accompanied by a carer or family member but it need not be the same person each time and let us know if you have any special dietary requirements.

The group is run by volunteers from Carnforth Free Methodist Church who have all attended sessions about safeguarding, basic hand washing and Dementia Friends.

CFM Community Centre, Kellet Road, Carnforth LA5 9LR | parking at rear Please get in touch using <u>connect@cfmc.org.uk</u> or 01524 736141 for further info.

GriefShare Support Group

Have you been bereaved? Grief is often a painful and emotional journey with many challenges. GriefShare is a support group offering ongoing help, comfort and encouragement through videos, discussion and workbook. You will find practical help in the videos for the way ahead, reassurance from others in the group who are feeling the same way and further help in the workbook.

Meeting weekly on Wednesdays from October 26th until February 15th, 2pm - 3.30pm at CFM Community Centre, 101 Kellet Rd, Carnforth LA9 5LS (next to the High School). See more details on the GriefShare website: https://www.griefshare.org You can register for the group on the website, type Carnforth in the Find a group search box, or contact carnforthgriefshare@gmail.com or ring Elspeth: 01524 702966

CancerCare Event



Lights on the Lawn is a remembrance event which will take place at our Slynedales Centre where we are inviting people to join us to pay tribute to the memory of a loved one. We will be illuminating the grounds, trees and flowerbeds at our historic centre with fairy lights and lanterns and inviting people to dedicate a candle with a personal message. The candle will then be added to the lawn at the historic building, as the sun sets, to create a glittering display of commemoration. The evening will also feature special areas of reflection and contemplative live music throughout.

The gardens at Slynedales have long been a source of tranquillity and comfort to the people who come to us for support. Many of them say being surrounded by nature is an important part of their therapy.

People wishing to dedicate a candle but are unable to attend, can ask the charity to do so on their behalf and they will receive a special keepsake postcard from the event. CancerCare provides professional counselling and complementary therapy to people affected by cancer and bereavement across north Lancashire and south Cumbria. Demand for our bereavement services has increased hugely in since the covid pandemic and we hope the event will raise valuable funds.

If you would like to know more visit cancercare.org.uk/news-and-events/lights-on-thelawn



A local charity that ensures local people coping with cancer or bereavement always have somewhere to turn

"When cancer changes your today, we help you face tomorrow"

How to be Greener

Five easy ways to make a difference:

1. <u>Switch lights off</u>: One of the simplest ways to reduce energy consumption is to switch lights off when you leave a room.

2. <u>Reuse before recycle:</u> Before you get gung-ho about recycling think about can you reuse items first? Can you print on both sides of paper or can you re-use as scrap paper for note taking or shopping lists?

3. <u>Switch computers off:</u> Make sure computers are switched off when you're not using them rather than just leaving them on standby – you'd be amazed how much energy this saves!

4. <u>Recycle</u>: Make sure you recycle what you can. The council collects recycled materials such as plastic, metal, glass & and cardboard from our homes. Local supermarkets collect soft plastics (e.g. crisp packets & films for recycling). Our churches also have collections for medicine blister packs.

5. Save water: Only heat as much water as you need, saving both water and the energy needed to heat it when it comes to cups of tea and baths etc. Plus, did you know you can get dual-flush toilets or water saving devices for toilet cisterns which reduce water per flush?

Composting Workshop Saturday 22nd April 10am -12.30pm Warton Village Church

Bring your lunch and stay and chat afterwards.

New to composting? Want to improve your composting? Want to know more about community composting? Then this workshop is for you!

(Fed up of putting veg and fruit peelings in the grey bin? Then turn it into compost to feed soil, plants, improve biodiversity and reduce greenhouse gases.)

Do you have no space, no time, no strength to compost at home? Then share composting with your neighbours and friends in a community composting scheme.

Come and find out how at the Closing Loops Composting Workshop.

Book your place here: https://www.eventbrite.co.uk/e/composting-workshop-tickets-541545616517

> More information about Closing Loops and FoodFutures https://foodfutures.org.uk/closing-loops/



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Supporting our churches financially



Like all churches, we rely on the generosity of our congregations and our communities to support our mission and ministry.

We are extremely grateful for the many people who give regularly to Church by standing order, by weekly envelope or by cash donation when attending a church service.



People are now able to make donations online to the Church in the Benefice, through our **GiveALittle page**. If you have device with the ability to scan QR codes you can go to our

GiveALittle page by scanning our code printed here...

...or you can follow the link from the home page of our benefice website at <u>www.ubwby.org</u>

The Giving page on our website also give details of how to set up a standing order, which is one of the principal ways of supporting the Church financially and it is the most effective way to give to the Church.

The Giving page also has other information about giving to Church.

Easyfundraising

Another way to support the churches is to do your online shopping using easyfundraising[®] wihich is the UK's biggest charity shopping fundraising site. It is simple to use and it's free. Since the launch in 2005, over £31 million has been raised for good causes.

Each of our three churches are registered with easyfundraising[®]. This means you can choose to support one of our individual churches through easyfundraising[®], raising free donations every time you shop online. Over 4,000 shops and sites will donate when you use easyfundraising[®] to shop with them – at no extra cost to yourself!

These donations really mount up and make a big difference, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely free and only takes a moment.

Go to <u>www.easyfundraising.org.uk</u> and search for "St Oswald's Church-Warton-Carnforth" or "St John's Church, Yealand Conyers" or "St Mary's Church - Borwick"



easyfundraising

feel good shopping

For our younger readers

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Warton Community Gym



Memberships from £35 for 3 months

Situated at the back of Warton Church Hall, our not for profit community gym is the best place for you to fulfill your health and wellbeing needs.

We have equipment such as running machines, weights, vibration plate, rower, and bicycle.

We have available memberships for 3 months, 6 months, and 12 months. We have special rates for seniors, and can also take members who are between 14 – 17 years, as long as an adult accompanies them.

Open 7am – 10pm Monday - Sunday For more information, or to arrange a viewing please call Hannah on 07761756983, or send an e-mail to wartoncommunitygym@gmail.com

Warton Church Hall

Available to hire weekdays, evenings, and weekends.

The Church Hall is a spacious venue , available for private parties, groups or classes. The hall is also equipped with kitchen and toilet facilities.

We also have a separate meeting room situated towards the back of the hall, which is available to hire for small or regular meetings - or in addition to the Main Hall.

For more information, or to arrange a viewing please contact Carol on 07929283657.



Warton Church Hall. Main Street. Warton. Carnforth. LA5 9PG

The Parish News Team

Articles for submission, send to Kate Waddington at **ParishNews@outlook.com** by 10th of the previous month.

Advertising enquiries

to Kate Waddington at ParishNews@outlook.com

No charges are made for details of activities from non-profit making community groups within our villages, though donations towards the cost of production are always welcomed. For advertising fundraising events, there is a modest charge.

> **Distribution enquiries** should be made to Angela Sewell Tel: 734308 or by email to <u>alsewell@btinternet.com</u>

There is no charge for "Parish News", but we are grateful to those who feel able, from time to time, to make a donation towards the cost of production.
These can be made by cash or cheque (payable to "PCC of Warton"); please mark the envelope 'Parish News' and send to The Vicarage, 92 Main Street, Warton, Carnforth LA5 9PG or hand to a churchwarden in church. Thank you.

A prayer for those in need

Merciful God, be near to those who are troubled with sickness or other need; in the power of your love, bring relief from present suffering and the return of health, that being made whole in body mind and spirit, they may give thanks again for the gift of life.

Be with all who work for healing, especially those who care for the sick and those in need with professional skill and loving care. Bless them with patience and compassion in their work and grant that in due time they will share in thanks for health and life restored.



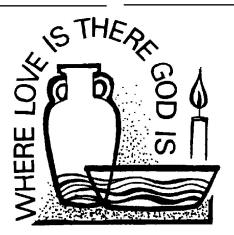
A prayer for those who mourn

May you be held by the God of compassion as you remember your loved ones today. May God be with you in your sorrow, and comfort you in your loss.

May your God, your family and your friends, give you strength and confidence. May your spirit be lifted,

may your heart be filled with peace, and may the light of God's promise fill you with joy and hope.

Amen.



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Benefice Contacts

Vicar <u>vicar.ubwby@gmail.com</u>	Vacancy will be received by Annette during the vacancy							
Assisting Clergy	The Revd Peter Mann	Tel: 419252						
Licensed Lay Minister	Mrs Annette MacKenzie	Tel: 736944 <u>vicar.ubwby@gmail.com</u>						
Churchwardens St Oswald's St Mary's St John's	Dr Alison Semple Mrs Sally Fletcher Mrs Joyce Tombs Mrs Clare Hunter	Tel: 07484 756755 Tel: 732735						
Pastoral Assistant	Mrs Jean Tunnicliffe Wilso Mrs Val Ellams							
Safeguarding Team	Mrs Val Ellams Mrs Alison Semple Miss Tracey Lawther Mrs Jenny Chapman	Tel: 733292 Tel: 07484 756755 Tel: 07990 610687 Tel: 07525749267						
Young Generations	Mrs Emma Brantley-Tziros	Tel: 07968 672001						
Junior Church	Mrs Vanessa Alpin	Tel: 07746 790979						
St Oswald's Choir	Mrs Emma Brantley-Tziros Dr Alison Semple	Tel: 07968 672001 Tel: 07484 756755						

All enquiries regarding christenings, weddings, anniversary blessings please contact the Licensed Lay Minister.

Website: <u>www.ubwby.org</u> Facebook: <u>facebook.com/UnitedWBY/</u> Twitter: <u>@UnitedWBY</u>



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