# Parish News

The Benefice Magazine for St Oswald's, Warton and St Mary's, Borwick with St John's, Yealand







## November 2023

## DEAR READER .....

#### Hello everyone

Please try to send your copy in as follows:

- 1. When submitting pictures or photographs, think how they will look when printed in black and white.
- 2. Please use Calibri font size 14pt in black.
- 3. Copy submitted by email to be in plain text as above.
- 4. Please set paragraph spacing to 0.
- 5. Please set line spacing to 1.
- 6. Please avoid the use of styles.

#### 7. Please submit posters in landscape format.

If you need any help, please do not hesitate to ask - I am always happy to help

Kind regards, Kate

## The Benefice and Social Media

Make sure you keep up to date with all the latest news via

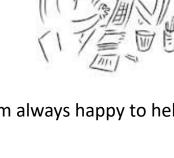


our website at <u>www.ubwby.org</u> or on Facebook at <u>www.facebook.com/UnitedWBY/</u>

or on Twitter at <a href="https://twitter.com/UnitedWBY">https://twitter.com/UnitedWBY</a>









## Welcome to our November Parish News

"Do you remember what we were doing this time last week?" is a question my wife finds annoying when we return from holiday. The truth is I am testing myself and I like basking in nice memories.



Memories are such a big part of our lives and November is the month of memories. There is All Saints' Days when we remember fellow travellers in the faith and seek for inspiration from their lives. Then there is All Souls' Day to remember all whom we have known and loved and who have been part of our lives. There is bonfire night which seems, thankfully, to have been stripped of its original memories. Finally, we have Remembrance Sunday that seems just as relevant as ever as we remember those who have died, and those who still suffer, in armed conflict.

What, however, are memories for? I do not want to enter the realm of analysing memories – that is for the experts. I want to say two things: memories are a powerful part of our lives but we must not let them become dead ends. I have been privileged to lead many civic remembrance services and I have been moved by who comes, from the smart older people wearing, for example, their white berets of the Arctic Convoys to the little Brownies and Cubs walking proudly down the aisle with their pennants – all to honour memories; but then what?

We all have a vast database of memories we call our experience. Some are good, some are bad, some can never be faced, some inspire us, some mar our present. Surely, we should use our memories to build a new future. Have you seen "The Great Escaper?" It is beautiful, not just for the superlative acting of Glenda Jackson and Michael Caine but for how it handles memories. It is far more than a "plucky old man" film. The main character has a memory of D-Day he needs to deal with and that enables him to have a much more realistic idea of the present and so he can help himself and other people.

Memories should not be a dead end. Jesus understood the power of memories. At the last supper he set up a dynamic memory which, when we use the words "do this in remembrance of me", links us with him and his message of love, hope and peace. The memorio is so simple – a piece of bread and sip of wine- that says so much. We know that the early Christians did just what we do, and they used it as a launch pad to tell and live the good news. We cannot ignore our memories, but we can use them to build our future.

At this time of year, we often say "Lest we forget". Quite right. We should also say what my smart watch says to me every so often "Remember to move".

Let us remember, value and move forward this November.

#### Peter Mann

#### Services

#### The regular pattern of services on <u>Sundays</u> is:

- 8.00am Eucharist at St Oswald's (according to the Book of Common Prayer)
- 9.15am Parish Eucharist at St John's. This service will be livestreamed on the Benefice YouTube channel.
- 9.15am Eucharist at St Mary's (on the 1st & 3rd Sundays of the month).
- 11.00am Parish Eucharist at St Oswald's

#### The regular pattern of <u>midweek</u> services is:

Wednesdays Eucharist at St John's at 9.15am

Thursdays Eucharist at St Oswald's at 11.00am

#### **Night Prayer**

A recording of Night Prayer (Compline) is available via the link on the home page of our website; the form of service is also available to download.

#### The pattern of midweek activities in our churches includes:

Tuesdays Coffee Stop at St Oswald's from 9.00am until 11.00am

Wednesdays Knit & Natter at St John's at 2.00pm on the 2nd Wednesday of the month

Thursdays Breaking Bread Lunch at St Oswald's at 11.45am

Fridays Coffee @ St John's from 10.30am until 12 noon, with lunch on the 2nd Friday of the month.

## Please check the Weekly Sheet, Benefice website or Facebook page for any changes to the above information.

#### Oversight of the United Benefice during the vacancy (time when no Vicar is in post)

As from 13th March the first point of contact with the churches in the Benefice can be via Annette MacKenzie, the Licensed Lay Minister. Enquiries can also be directed to one of the churchwardens for the appropriate church. For contact details please see the back page of the magazine.

Annette and the churchwardens will respond if possible or they will pass on any enquiry to the appropriate person in the Benefice or contact the Area Dean or Archdeacon for assistance if necessary.

As from 13th March emails can be sent to <u>vicar.ubwby@gmail.com</u> and these will be received by Annette MacKenzie. Please note that the email address vicarwby@outlook.com should not be used after this date.

#### Introducing our new Vicar

We are pleased to announce that the Revd Alice Ormondroyd has been appointed as the next Vicar of Warton St. Oswald with Yealand Conyers St. John, subject to the usual safer recruitment checks.

Alice is currently Assistant Curate at St Mary Abbots Church in Kensington, London.

Please pray for Alice and her family as they prepare to move and as Alice prepares to take up her new post.

## The Bishop of Blackburn will institute and the Archdeacon of Lancaster with induct Alice on Sunday 21<sup>st</sup> January 2024 at 4pm at St Oswald, Warton.

#### We have received the following introduction from Alice.:

I am truly delighted to have been appointed to serve as your new Vicar. I grew up in Yorkshire and am returning to my northern roots along with my husband, Cain, and our three young boys, Arthur, Robin and Theo. We currently live in central London and are very much looking forward to moving to such a beautiful area! Before ordination I was a Secondary Religious Studies Teacher and Lay Chaplain, and I continue to have a passion for helping disciples of all ages to grow in faith. I am really looking forward to getting to know you all and joining in with all that God is doing in the Benefice.



### From our churches

#### St Mary's, Borwick

"Winter warmer" lunches in the Memorial hall, on the  $1^{st}$  &  $3^{rd}$  Wednesday from  $1^{st}$  November to the third Wednesday in February 11am – 2pm.

This year we feel we need to ask for a small donation as we haven't received funding towards the food this year

On Armistice Sunday our service will be held at 2pm

## The Future of your Parish News magazine

During the Covid lockdown of 2020, it was necessary to deliver the Parish News solely by email as physical production and delivery of paper copies was not permitted. This has continued to date, with printed copies available in each of our churches.

The way that the magazine is accessed is currently under review and we would like your help in deciding how we go forward.

To this end, please would you send an email to parishnews@outlook.com telling us how you currently access the Parish News. If you access it digitally, please tell us where you find the link to download it. If you receive a paper copy, please let us know where you get it from.

For those of you that don't use the internet, survey forms are available in church. We would be thankful if you could complete one and hand it to a churchwarden.

We would also like to know how you would prefer to receive the magazine are you more likely to read an online edition or a printed one?

The information that you provide will help us decide which is the best way to go forward with publication and possibly result in a more detailed survey.

Thank you

And as you remember them, remember us, O Lord; grant us peace in our time and a longing for the day when people of every language, race, and nation will be brought into the unity of Christ's kingdom. This we ask in the name of the same Jesus Christ our Lord.



#### **United Benefice dates your diary:**

Office Defic	Thee dates your drary.
Sat 4th Nov	St Oswald's Autumn Fayre 10arn-12pm
Sun 5th Nov	Young Generations 6-8pm
Fri 10th Nov	St Oswald's Show Tunes Evening 7.30pm
Sun 12th Nov	Remembrance Sunday
Sat 2nd Dec	Jeel al Amal Home for Boys, Bethany, Monthly Coffee Morning 10am-12pm
Sun 3rd Dec	Young Generations 6-8pm
Tues 5th Dec	Christmas Tree Festival set up 2-7pm
Weds 6th-10th	Dec St Oswald's Christmas Tree Festival 2-4pm
Fri 8th Dec	An Evening With Ottovoce Concert
Sat 9th Dec	An afternoon With The Red Cats
Sun 10th Dec	St Oswald's Christingle Service
Sun 17th Dec	Yealand Carol Service
Tues 19th Dec	St Oswald's Carol Service rpm
Weds 20th Dec	Borwick Carol Service
Fri 22nd Dec	Rectory Carols 6pm
Sun 24th Dec	Christmas Eve 11am and evening service tbc
Mon 25th Dec	Christmas Day 11am Service
Thurs 28th Dec	Christmas Tree Removal Day 3-6pm

Please watch our Facebook page for updates at <u>https://www.facebook.com/UBWBY</u> or our website at <u>https://ubwby.org/</u>



The United Benefice of St Oswald, Warton and St Mary, Borwick with St John, Yealand <u>Festival of Christmas Trees</u> December 7-11, 2022, 1pm to 4.30 pm each day Free admission

#### Help us to give our community a Christmas Hug

If you'd like to know more get in touch Alison Semple 07484756755

## From our churches

#### Coffee Stop at St Oswald's

#### Tuesdays 9.00am to 11.00am.

A warm place to meet for a drink, cake and a chat! Toys are available for young children. All are welcome.

#### Join us for Lunch!

On Thursdays at St Oswald's we offer a lunch, usually soup, sandwiches and cakes. We have a guiet Eucharist in church at 11.00am followed by lunch at about 11.45am. Join us for either, or both! Carers are welcome too. If you need transport we will try to help.

A donation of around £3 is invited.

## Coffee @ St John's

#### Fridays 10:30am till 12noon.

Please join us for coffee, tea and cake. Book and jigsaw swap. All welcome. On the 2nd Friday of the month a lunch follows the coffee time.

#### **Bible Study Group – daytime**

A monthly bible study group meets on the 2nd Monday of each month from 10am until 12 noon at Fernlands, Tewitfield.

Contact Noeline Clarke on 01524 732825 for more details. All are welcome.

#### **Bible Study Group – evening**

A monthly bible study group meets on Wednesday evenings at 7.15am for **7.30pm** in Yealand Convers. The group is studying the Old Testament book Ruth.

Contact Jodie Kilty at jodiekilty@hotmail.co.uk for more details. All are welcome.

#### **RECYCLING DRUG BLISTER PACKS**

Thank you for all your support in the past. Unfortunately we are no longer able to accept drug blister packs for recycling as Super Drug are unable to cope with the storage of group recycling. They will still accept recycling from individuals if you are able to do so.









breakingbread



#### From our churches

#### Knit and Natter at St John's

If you like to knit, crochet, sew or any other "crafty" sort of work, why not come to Knit and Natter. Everyone is welcome —just bring something to work on while you sit, chat and have a cup of tea. The group meets monthly on a Wednesday afternoon in the upper room at St John's, 2.00-4.00. Dates for the rest of the year are: November 8 and December 13.



Sally-Ann Rothwell (734585, sally-ann@thebower.co.uk)



#### **Junior Church**

#### The Young Generations — For young people aged 9+

This group for young people aged 9+ meets monthly each first Sunday 6pm-8pm at St Oswald's, Warton. We will have food, play some great games together and think of ways we can help our community and the world.

We hope to see you; all are welcome. If you are interested and want to know more please contact Emma, <u>evbrantley@hotmail.com</u>.



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#### Entertainment



## Autumn Fair



St Oswald's, Main Street, Warton

Saturday 4<sup>th</sup> November 11am – 2pm

## FREE ENTRY

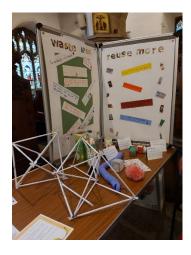
Stalls include: Tropic, Crafts, Gifts, Plants, Cakes, Christmas Cards, Tombola, Grand Raffle, Children's Activities, Refreshments, Chocolate Fountain and More!

## **Junior Church**

This term we have been busy!

We have been thinking about ways that we can help to look after God's wonderful creation, particularly focusing on wasting less, reusing more, taking care of what we have and changing the way we live. As part of this we created a display for the Environment Coffee Morning in October, made useful things from items we all put in our recycling bins and created a game about ways to use an overripe banana! Did you know that you can clean your teeth and your trainers with banana skins and they also provide relief for insect bites?

We would like to thank all those who supported the coffee morning, the proceeds from which will be used by Junior Church and Young Generations to increase the biodiversity of the graveyard.







We joined in the Church Yard Clear Up Day in September, concentrating on our wildlife area and planted more wildflower seeds after the wildflower bed had been extended in October.

We joined in the Harvest Festival service and afterwards sold cakes and biscuits we had made to raise money for those affected by the terrible earthquakes in Morocco and the floods in Libya. A big thank you goes to all those who donated to the stall. We raised £226.35!

During the second half of term, we are looking forward to running a stall at the Autumn Fair in November, joining the congregation for the Act of Remembrance on the 12th November and an All Together Service on the 26th November and decorating a Christmas Tree as part of the Christmas Tree Festival in December.

Junior Church will recommence after half term on the 5th November and will run every Sunday through until the schools break up for Christmas.

Do get in touch if you would like to join us. We meet every Sunday in term time in St Oswald's Church Hall from 11 - 12am with children aged 3 to 10 and under 3's accompanied by an adult. We explore out faith together through activities, games, crafts, songs, drama and fun! Visiting children are always welcome.

For more information, contact Vanessa Alpin on 07746 790979







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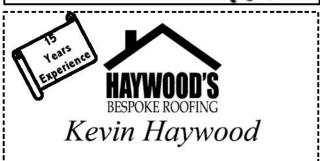


HIGH STREET HERITAGE UNITED KINGDOM

Dolls Houses & Miniatures, Antiques & Gifts We have moved. For details please contact Rebecca - 07736216775 becajh@btinternet.com Sorry for inconvenience & hope to see you soon

#### **CAT SITTING SERVICE** Call Sarah on 07734 871309

I offer a service whereby your cat will be cared for in their own home. Small Furries also catered for. with along your house. I have been CRB checked and worked for Cumbria Police for 17 years.

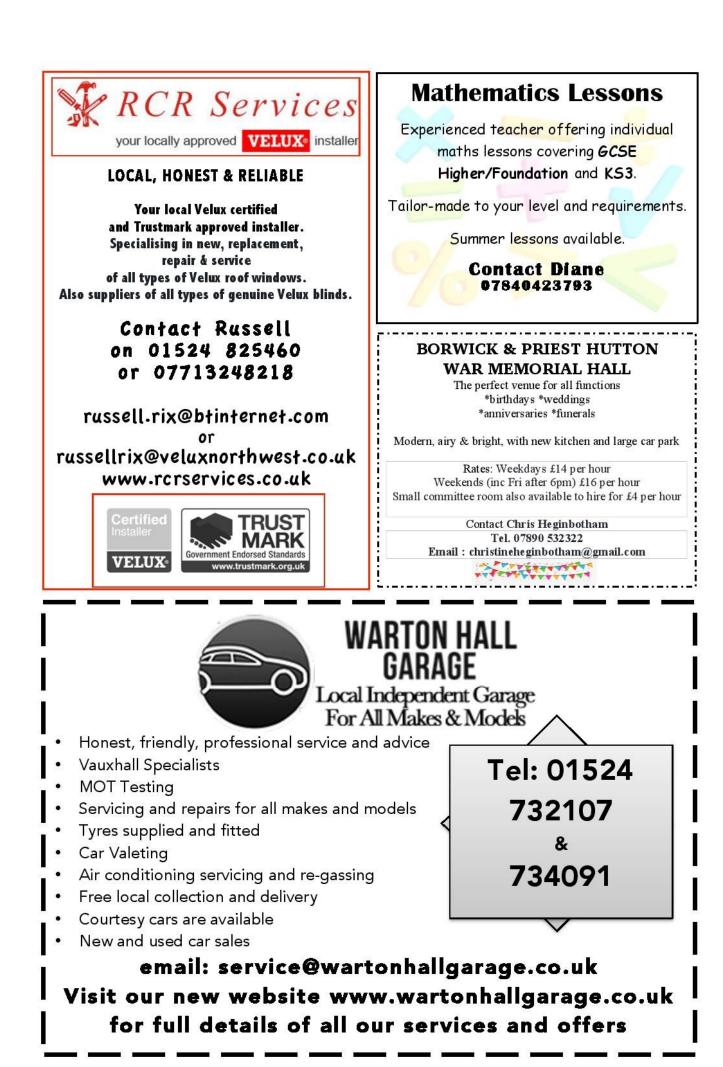


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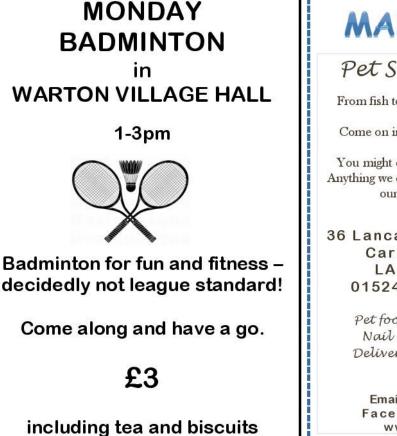
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### **From our Churches**



## **From our Villages**



Another month passes and we are now at the second-last month of 2023!! Where has this year gone!! As we get older and reflect, do we look back with regret on our achievements or otherwise in our lives or do we look back with nostalgia wishing we could live our lives again and do things differently? I guess a bit of both depending on our personal circumstances.

November is traditionally a month of reflection, remembering and thinking of the years which have gone. The 1st November is All Saints' Day when Christians around the world honour all saints of the church deemed to have attained heaven.

We then have Guy Fawkes on 5th November when we remember the man who attempted to blow up the Houses of Parliament with gunpowder. There are usually numerous bonfires, fireworks and lights around to celebrate this event. Then on 11th November the nation celebrate Armistice Day when we remember those who have given their lives for their country.

At Warton Methodist Church we are holding our Remembrance Day Service on Sunday 12th November at 10.00am. This will be taken by Rev Paul Turner and Holy Communion will also be celebrated. A warm invitation is extended to everyone. The month then finishes on 30th November with St Andrew's Day - a fitting conclusion for all the Scots to celebrate their patron saint just as the month began with All Saints' Day and the honouring of saints.

God is still on His throne and we need to continually remind ourselves of this and remember that He is only a prayer away. When we remember those who have died in our 2 World Wars in this country and we say the famous words 'We will remember them', let's also remember to pray for the current war-torn parts of the world too who are experiencing such conflict and loss of lives.

At Warton Methodist Church we held our Messy Hallowe'en Light Party in October and our next Messy Church will be on Sunday 3rd December and will be Messy Advent. Our Sunday morning services continue every Sunday at 10.00a.m. Little Stars meet every Thursday during term time at 9.00a.m. All are very welcome at any of these events.

If you require any further information, please contact our minister, Rev Emma Holroyd on 01524 941266 or by email at emma.holroyd@methodist.org.uk

## From our villages

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#### OCTOBER PROGRAMME

1<sup>st</sup> Oct – What masques, what dances? Renaissance and Baroque Music 2.30 pm
 6<sup>th</sup> Oct – Film at the Heron 'Empire of Light' 7.30 pm
 13<sup>th</sup> Oct – Dracula the Panto – Drama 7.30 pm
 14<sup>th</sup> Oct – Bella Hardy - Folk Music 7.30 pm
 27<sup>th</sup> Oct – Enid Blyton, Noddy, Big Ears & lashings of Controversy – Drama 7.30pm

For more details and to book online go to www.theherontheatre.com Box Office Tel: 015395 64283

#### **GriefShare Support Group**

Have you been bereaved? Grief is often a painful and emotional journey with many challenges. GriefShare is a support group offering ongoing help, comfort and encouragement through videos, discussion and workbook. You will find practical help in the videos for the way ahead, reassurance from others in the group who are feeling the same way and further help in the workbook.

Meeting weekly on Wednesdays from October 25th until February 7th, 2pm - 3.30pm at CF Community Centre, LA5 9LR (next to the High School).

See more details on the GriefShare website: https://www.griefshare.org You can register for the group on the website, type Carnforth in the find a group search box, or contact carnforthgriefshare@gmail.com or ring Elspeth: 01524 702966

#### Warton Post Office Outreach

Warton Post Office Outreach is available in the Village Hall weekly each Tuesday from 10.30am to 12 noon staffed by Carnforth Post Office.

Please make use of this facility to keep it viable in the future— It is a lovely community initiative for the Village.



#### Warton Village Hall.

Support your Village -- Hire the Village Hall for Family events, Indoor bowls, Dance classes, Keep fit etc etc.

Newly refurbished kitchen and decor. Spacious Hall and ante rooms.

For viewing, booking and rates contact Carol Wolfenden 01524 732091 / 07929283657

## Gardening

The leaves, frost-crisp'd, break from the trees.....And fall. (extract from November night by Adelaide Crapsey, 1878-1914)

It reminds me of childhood; the smell and the sound of dry leaves beneath my red welly feet and the gathering of this precious cargo to make the priceless leaf mould.

You might think that there is nothing left to do after last months' list but there are lots of really quick wins for early flowers and vegetables in 2024. Our 3 top tips this month are, a direct sowing of Aquadulce Claudia Broad Beans & Elephant Garlic along with Cupani Sweet peas (under glass protection, in loo roll holders!). Why not give them a try, they are surprisingly hardy and will reward you handsomely.

Just in case there is an early frost, give extra protection to cold frames & containers by adding bubble wrap to the outside and raising the pots off the ground. Wrap up Tree Ferns by stuffing the crown with straw, pulling the fronds upwards (if you have any) and wrapping in layers of sacking. Bring any other tender plants into a greenhouse and after the first frost, store dahlias in a frost-free place. Rhubarb can be divided, to rejuvenate it for early forcing next year. Don't forget to harvest the last of the apple crop and store or make fabulous crumbles, pies and chutney...Now you're talking!

If you have been growing chillis, it's time to harvest them; maybe prick the skins and add to good quality olive oil or hang up to dry to enjoy their heat in dishes throughout the Winter months.

Tall roses should be reduced by 1/3 to protect them from strong winds. Plant your Spring bulbs but leave tulips until later in November, to avoid "tulip fire". Biennials such as Wall-flowers & Sweet Williams can be planted out for a wonderful Spring display.

Bring pots closer to the house to enjoy some Winter favourites at close quarters. Hellebores, snowdrops and other early flowering bulbs will gladden your heart, as the nights draw in. Don't forget to leave some seed heads for our feathered friends; goldfinches love our teasles and their flashes of gold and red will brighten your day.

Christmas will soon be upon us and time to think about appropriate "green" ideas as gifts for family and friends. Why not give a tree as a lovely family present? Maybe a hedgehog house, bug hotel or bird box, all of which are easy to make. Wreaths and swags can be made using hedgerow twigs and old man's beard, twisted and decorated with seed heads, cones, leaves and berries. How special and thoughtful it feels, to give and receive handmade treasures using Mother Nature's harvest!

With thanks for contributions from Warton NGS (National Garden Scheme) Open Garden Owners.



## Activities for those living with Dementia

#### Music and Memories at Carnforth Free Methodist Church Music to feed the brain

Carnforth Free Methodist Church invites you to join them for their Music & Memories sessions. Anyone with dementia or memory loss is welcome along with their friends, relatives or carers, to come and join in singing old familiar songs, learning a few new ones, singing simple rounds or playing percussion instruments. They also have a 'thought for the day' and spend time enjoying chatting and refreshments.

The group is run by volunteers from the church who have all attended sessions about safeguarding and Dementia Friends.

Next meetings: 9 & 23 November, 7 & 21 November, 4 & 18 January and then ongoing fortnightly.

Community Centre, Kellet Road, Carnforth LA5 9LR, parking at rear

Email connect@cfmc.org.uk or phone 01524 736141 for further information.



#### **Dignity in Dementia October Activities**

For more information, please contact Diane Smillie on 07771 682378

Follow us on facebook at https://www.facebook.com/dignitydementia/

Social table tennis – at Arnside Educational Institute, Church Hill, Arnside, 10.30 am start, Wednesdays 4th & 18th October

Woodland Wellness – Being outside is good for us all. Come and join us for engaging activities connected to nature – next to the trees in Cinderbarrow picnic area, Tarn Lane, Yealand Redmayne, LA5 9RX, (will be held inside at Milnthorpe MHub in bad weather) Mondays 9th & 23rd October, 11am – 12 noon

Dementia Embracing Community Singing Groups

Silverdale Songsters - Friday mornings between 10.30 – 11.30 am at St John's Church Hall, St John's Church, Silverdale



It's been a long time since we last did an entry for the Parish News, so we thought we'd try and get back in the swing of it!

All our Sections (Beavers (6-8 year olds), Cubs (8-10.5) and Scouts (10.5-14.5) are back after the Summer Break and straight into this year's programme, ably assisted by our Young Leaders (14.5-18) most of whom are also Explorers at our local Silverhelme Unit and our adult Leaders.

We had a great summer. Our Cubs held a weekend camp, and our Scouts had their 4-night Summer Camp, both at our local Scout Campsite (Silverhelme); pitching and striking tents, knife, axe and saw work, campfires, cooking, conservation, orienteering, hiking, volleyball, "wide games" and so on.

Both camps worked really well, and the youngsters were great.

At the other extreme, three of our Young Leaders took part in one of Scouting's more difficult challenges, the Explorer Belt. The Belt involves getting yourself to a selected country overseas, with 2 or 3 teammates, travelling around that country for 10 days, largely without Leaders, and completing a number of challenges and a major project along the way. Easy it is not. Only 1 in 900 Explorer Scouts complete the Explorer Belt so to have Daisy, Elinor and Laura all gain it in a single year is a little bit awesome we think. Their expedition was held in North Macedonia. James, another of our Young Leaders, took part in a Scouting trip to Austria this summer too, where he had two weeks of activities and visits.

This is where Scouting can take you, from a weekly Village Hall meeting, to anywhere in the world... in recent years our Scouts and Young Leaders have "Scouted" in Denmark, Finland, Austria, North Macedonia, Albania, Greece, Bulgaria, Finland, Nepal and Japan.

More importantly, as well as "Everyday Adventure", our Beavers, Cubs and Scouts learn useful "Skills For Life": first aid, how to handle emergencies, initiative, teamwork, leader-ship, resilience, tolerance for others, and so much more.

We're always looking for new young people (boys and girls) to join and get the benefits of Scouting, for more teenagers who would like to help as Young Leaders

(can be used for D of E service!), and for more adults to help run our Sections (we could really use more volunteers at Beavers currently).

For more information about joining 1<sup>st</sup> Warton, contact: Howard, Group Scout Leader, on 01524-734144 or email <u>actinide@btinternet.com</u>

#### Entertainment



## Supporting our churches financially



Like all churches, we rely on the generosity of our congregations and our communities to support our mission and ministry.

We are extremely grateful for the many people who give regularly to Church by standing order, by weekly envelope or by cash donation when attending a church service.



People are now able to make donations online to the Church in the Benefice, through our **GiveALittle page**. If you have device with the ability to scan QR codes you can go to our

GiveALittle page by scanning our code printed here...

...or you can follow the link from the home page of our benefice website at <u>www.ubwby.org</u>

The Giving page on our website also give details of how to set up a standing order, which is one of the principal ways of supporting the Church financially and it is the most effective way to give to the Church.

The Giving page also has other information about giving to Church.

#### Easyfundraising

Another way to support the churches is to do your online shopping using easyfundraising<sup>®</sup> wihich is the UK's biggest charity shopping fundraising site. It is simple to use and it's free. Since the launch in 2005, over £31 million has been raised for good causes.

Each of our three churches are registered with easyfundraising<sup>®</sup>. This means you can choose to support one of our individual churches through easyfundraising<sup>®</sup>, raising free donations every time you shop online. Over 4,000 shops and sites will donate when you use easyfundraising<sup>®</sup> to shop with them – at no extra cost to yourself!

These donations really mount up and make a big difference, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely free and only takes a moment.

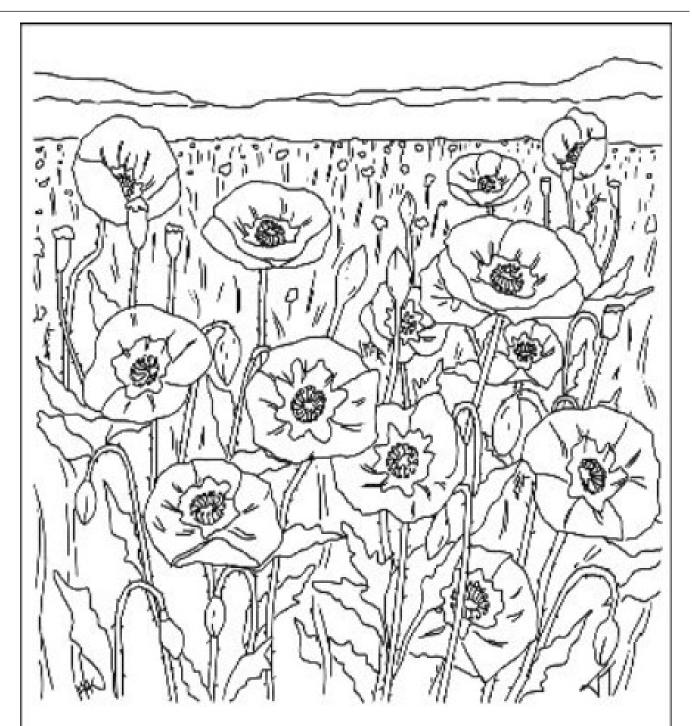
Go to <u>www.easyfundraising.org.uk</u> and search for "St Oswald's Church-Warton-Carnforth" or "St John's Church, Yealand Conyers" or "St Mary's Church - Borwick"



easyfundraising

feel good shopping

#### **Colouring for our younger readers**



In Flanders fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below.

## Warton Community Gym



Memberships from £35 for 3 months

Situated at the back of Warton Church Hall, our not for profit community gym is the best place for you to fulfill your health and wellbeing needs.

We have equipment such as running machines, weights, vibration plate, rower, and bicycle.

We have available memberships for 3 months, 6 months, and 12 months. We have special rates for seniors, and can also take members who are between 14 – 17 years, as long as an adult accompanies them.

Open 7am – 10pm Monday - Sunday For more information, or to arrange a viewing please call Hannah on 07761756983, or send an e-mail to wartoncommunitygym@gmail.com

## Warton Church Hall

Available to hire weekdays, evenings, and weekends.

The Church Hall is a spacious venue , available for private parties, groups or classes. The hall is also equipped with kitchen and toilet facilities.

We also have a separate meeting room situated towards the back of the hall, which is available to hire for small or regular meetings - or in addition to the Main Hall.

For more information, or to arrange a viewing please contact Carol on 07929283657.



Warton Church Hall. Main Street. Warton. Carnforth. LA5 9PG

## The Parish News Team

Articles for submission, send to Kate Waddington at **ParishNews@outlook.com** by 10<sup>th</sup> of the previous month.

#### **Advertising enquiries**

to Kate Waddington at ParishNews@outlook.com

No charges are made for details of activities from non-profit making community groups within our villages, though donations towards the cost of production are always welcomed. For advertising fundraising events, there is a modest charge.

> **Distribution enquiries** should be made to Angela Sewell Tel: 734308 or by email to <u>alsewell@btinternet.com</u>

There is no charge for "Parish News", but we are grateful to those who feel able, from time to time, to make a donation towards the cost of production.
These can be made by cash or cheque (payable to "PCC of Warton"); please mark the envelope 'Parish News' and hand to a churchwarden in church. Thank you.

#### A prayer for those in need

Merciful God, be near to those who are troubled with sickness or other need; in the power of your love, bring relief from present suffering and the return of health, that being made whole in body mind and spirit, they may give thanks again for the gift of life.

Be with all who work for healing, especially those who care for the sick and those in need with professional skill and loving care. Bless them with patience and compassion in their work and grant that in due time they will share in thanks for health and life restored.



#### A prayer for those who mourn

May you be held by the God of compassion as you remember your loved ones today. May God be with you in your sorrow, and comfort you in your loss.

May your God, your family and your friends, give you strength and confidence. May your spirit be lifted,

may your heart be filled with peace, and may the light of God's promise fill you with joy and hope.

Amen.



## **Benefice Contacts**

VicarVacancyvicar.ubwby@gmail.comwill be received by Annette during the vacancy

Assisting Clergy	The Revd Peter Mann	Tel: 01524 419252
Licensed Lay Minister	Mrs Annette MacKenzie <u>vica</u>	Tel: 01524 736944 r.ubwby@gmail.com
Churchwardens St Oswald's St Mary's	Dr Alison Semple Mrs Sally Fletcher	Tel: 07484 756755 Tel: 01524 736508
St John's	Mrs Clare Hunter Mrs Jean Tunnicliffe Wilson	Tel: 01524 781274
Pastoral Assistant	Mrs Val Ellams	Tel: 01524 733292
Safeguarding Team	Mrs Alison Semple Miss Tracey Lawther Mrs Jenny Chapman	Tel: 07484 756755 Tel: 07990 610687 Tel: 07525749267
Young Generations	Mrs Emma Brantley-Tziros	Tel: 07968 672001
Junior Church	Mrs Vanessa Alpin	Tel: 07746 790979
St Oswald's Choir	Mrs Emma Brantley-Tziros Dr Alison Semple	Tel: 07968 672001 Tel: 07484 756755

All enquiries regarding christenings, weddings, anniversary blessings please contact the Licensed Lay Minister.

Website: <u>www.ubwby.org</u> Facebook: <u>facebook.com/UnitedWBY/</u> Twitter: <u>@UnitedWBY</u>



PARISH NEWS | 36 | NOVEMBER 2023