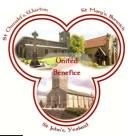
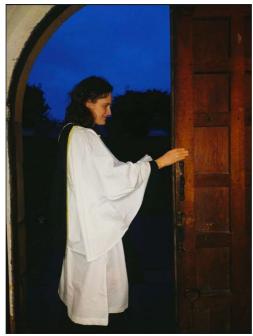
Parish News

The Benefice Magazine for St Oswald's, Warton and St Mary's, Borwick with St John's, Yealand





Rev. Alice taking responsibility for our Benefice



February 2024

DEAR READER

Hello everyone

Please try to send your copy in as follows:

- 1. When submitting pictures or photographs, think how they will look when printed in black and white.
- 2. Please use Calibri font size 14pt in black.
- 3. Copy submitted by email to be in plain text as above.
- 4. Please set paragraph spacing to 0.
- 5. Please set line spacing to 1.
- 6. Please avoid the use of styles.
- 7. Please submit posters in landscape format.

If you need any help, please do not hesitate to ask - I am always happy to help **Kind regards, Kate**



The way that the magazine is accessed is currently under review and we would like your help in deciding how we go forward. To this end, please would you please contact us by either sending an email to parishnews@outlook.com or by filling in a survey form available in church and placing it in the relevant box at the back of your church.

Please tell us how you currently access the Parish News. If you access it digitally, please tell us where you find the link to download it. If you receive a paper copy, please let us know where you get it from.

We would also like to know how you would prefer to receive the magazine—are you more likely to read an online edition or a printed one?

The information that you provide will help us decide which is the best way to go forward with publication. Thank you, Kate (Editor)

The Benefice and Social Media

Make sure you keep up to date with all the latest news via



our website at www.ubwby.org



or on Facebook at www.facebook.com/UnitedWBY/ or on Twitter at https://twitter.com/UnitedWBY



Welcome to our February Parish News

'I lift my eyes to the hills - where does my help come from? My help comes from the Lord, the Maker of heaven and earth'. (Psalm 121).

For some years I have had a copy of this beautiful Psalm on my windowsill, in my office in central London. Little did I know that my next move would be to a place where I could see the hills right from my front door! I love this Psalm because it is thought to have been sung by pilgrims ascending the steps of the Temple in Jerusalem at the end of their long journey to worship. Lifting our eyes - from our screens, from our anxieties, from those things which weigh us down - is an invitation from the God who longs for us to know His love, His care, His wisdom. This Psalm is one of great comfort as it acknowledges God's power to save, and His desire for us know that He is with us through the whole journey of our lives.

The New Year brings new expectation and hope, but can also bring new commitments and responsibilities. The things which we are initially excited about can sometimes turn to overwhelm or burden. We can be humbled when we remember that the things that give our lives meaning and purpose are not the things that we can buy - and that the richness of life comes through relationships, through experiences, and somethings through things which were not part of our plan! Often we need to 'return to the Lord, who will have mercy, to our God who will richly pardon' (Isaiah 55:7) - remembering that we need His strength and His help. Even over the short time I have been here I have encountered enormous joys and sorrows - and it is my privilege to listen, to pray, to keep silence - and also to hope, to encourage, and to extend God's blessing to you. My desire as I begin ministry among you is to be faithful in loving God and loving our community whatever we are facing. I hope you will find in our beautiful Churches a sense of God's presence and peace, and a community of old and young who are honest and authentic about our hopes and fears, who seek to love and forgive one another and always to testify to the wonderful love that we encounter in Jesus Christ

I would like to take this opportunity to say thank you so much to everyone who has reached out to welcome my family, and I look forward to meeting more members of the community over the coming weeks.

Alice

Services

The regular pattern of services on **Sundays** is:

8.00am Eucharist at St Oswald's (according to the Book of Common Prayer)

9.15am Parish Eucharist at St John's. This service will be livestreamed on the Benefice

YouTube channel.

9.15am Eucharist at St Mary's (on the 1st & 3rd Sundays of the month).

11.00am Parish Eucharist at St Oswald's

The regular pattern of midweek services is:

Wednesdays Eucharist at St John's at 9.15am

Thursdays Eucharist at St Oswald's at 11.00am

Night Prayer

A recording of Night Prayer (Compline) is available via the link on the home page of our website; the form of service is also available to download.

The pattern of midweek activities in our churches includes:

Tuesdays Coffee Stop at St Oswald's from 9.00am until 11.00am

Wednesdays Knit & Natter at St John's at 2.00pm on the 2nd Wednesday of the month

Thursdays Breaking Bread Lunch at St Oswald's at 11.45am

Fridays Coffee @ St John's from 10.30am until 12 noon, with lunch on the 2nd

Friday of the month.

Please check the Weekly Sheet, Benefice website or Facebook page for any changes to the above information.

Father God of new beginnings, we thank you for Alice.

Help her to know when to be the starting point, when to inform and when to motivate. Give her insight and patience. Help her to know when to speak and when to listen. When to lead and when to be led. May she recognise her strengths and realise when she needs help. Help her to fulfil her calling and help her to enable others to see and fulfil theirs. May she encourage others and yet be gracious enough to take guidance.

To know when to laugh and when to cry.

You have long beforehand been with the souls for which she will now have the care. Above all, help Alice to understand your heart and your passion for all those that she has been called to serve.

We see the Christ in her as she sees the Christ in us. And we thank you. Amen



The Induction of our new vicar, the Reverend Alice Ormondroyd













From our churches

St Mary's, Borwick

"Winter warmer" lunches in the Memorial hall, on the 1st & 3rd Wednesday until the third Wednesday in February 11am – 2pm.

This year we feel we need to ask for a small donation as we haven't received funding towards the food this year.

Carnforth Free Methodist Community Centre

Music & Memories

Thursdays fortnightly 1.30pm to 3.15pm 8 & 22 Feb | 7 & 21 Mar | 4 & 18 Apr...and on... Singing and music for people with dementia. Come with your regular carer or another friend or family member.

come with your regular carer or another mena or family member

Carers Support Group

Third Sat monthly (except Aug & Dec) 10:30am to 12:00pm 17 Feb | 16 Mar | 20 Apr | 18 May | 15 Jun | 20 Jul | 21 Sep | 19 Oct | 16 Nov

The number of unpaid carers across the UK was recently estimated at 5.7 million. Certainly, it is our experience that many of us have been caring for a family member either at home or by going to their home regularly. By meeting together there's support when issues seem relentless and sharing the 'nuggets' of what helps gained through experience or from other organisations who support carers. It's also time out to relax, find company and laugh together.

All welcome and some lovely free refreshments at both meetings.

CFM Community Centre, Kellet Road, Carnforth LA5 9LR

Level parking at the back of the Centre.

For more info or any questions please contact 01524 736141 or connect@cfmc.org.uk

Candlemas, a festival of lights

Candlemas is celebrated on 2 February and marks the return of light, a symbol of protection and prosperity. This Christian festival commemorates the presentation of Jesus at the Temple of Jerusalem, referring to him as the light of the people of Israel. On this day, Christians take candles to be blessed in church, while for those with a sweet tooth, this day is also a chance to eat pancakes. Elsewhere in the world, people eat corn-based dishes or watch out for a groundhog emerging from hibernation.





Dignity in Dementia February Activities

For more information, please contact Diane Smillie on 07771 682378

Follow us on facebook at https://www.facebook.com/dignitydementia/

Social table tennis – at Arnside Educational Institute, Church Hill, Arnside, 10.30 am start, Wednesdays 7th & 21st February.

Woodland Wellness – New Venue with cover
Being outside is good for us all. Come and join us for
engaging activities connected to nature –
Silverhelme Scout Activity Centre, The Row, Silverdale,
LAS OUG Monday 26th February 11am – 12 noon

Dementia Embracing Community Singing Groups
Silverdale Songsters - Friday mornings between 10.30 –
11.30 am at St John's Church Hall, St John's Church,
Silverdale

Zoom Poetry Group – Alternate Thursday afternoons between 1.30 – 2.30pm. The group choose the theme and Dignity in Dementia search out poems which are emailed to group members. 8th & 22nd February

From our churches

Coffee Stop at St Oswald's

Tuesdays 9.00am to 11.00am.

A warm place to meet for a drink, cake and a chat! Toys are available for young children.

All are welcome.



Join us for Lunch!

On Thursdays at St Oswald's we offer a lunch, usually soup, sandwiches and cakes. We have a quiet Eucharist in church at 11.00am followed by lunch at about 11.45am. Join us for either, or both! Carers are welcome too. If you need transport we will try to help.

A donation of around £3 is invited.



Coffee @ St John's

Fridays 10:30am till 12noon.

Please join us for coffee, tea and cake. Book and jigsaw swap. All welcome. On the 2nd Friday of the month a lunch follows the coffee time.



Bible Study Group - daytime

A monthly bible study group meets on the 2nd Monday of each month from 10am until 12 noon at Fernlands, Tewitfield.

Contact Noeline Clarke on 01524 732825 for more details. All are welcome.



Bible Study Group - evening

A monthly bible study group meets on Wednesday evenings at 7.15am for 7.30pm in Yealand Conyers. The group is studying the Old Testament book Ruth.

Contact Jodie Kilty at jodiekilty@hotmail.co.uk for more details. All are welcome.



RECYCLING DRUG BLISTER PACKS

We are able to recycle these again. Please put them in the box at the back of St John's or St Oswald's church beside the box for glass jars.



From our churches

Knit and Natter at St John's



If you like to knit, crochet, sew or any other "crafty" sort of work, why not come to Knit and Natter. Everyone is welcome —just bring something to work on while you sit, chat and have a cup of tea. The group meets in the upper room at St John's, 2—4.PM on the 2nd Wednesday of each month.

Sally-Ann Rothwell (734585, sally-ann@thebower.co.uk)

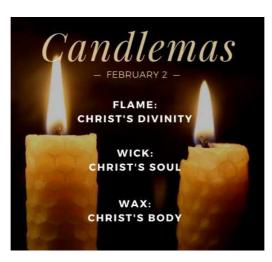
On behalf of all the young people who attend Mosamaria in The Free State South Africa, thank you Warton, Yealand and Borwick for your generosity. Raising over a £1000 was a fantastic effort and a mark of a big heart!

Thank you also for the wonderful reception you gave to me, Sandra and my colleagues John and Julie from Fleetwood. It was good to see so many of you and thank you for making the effort.

May be we should persuade the good people Yealand, Borwick and
Warton to have another coffee morning for Mosamaria Aids Ministry and I could
celebrate with you once again. Until then, danke! (Thank you)

Fr. John Hall

Saturday 2nd March 2pm -4pm at St Peter's Church, Fleetwood come and be entertained by the Ossie Sisters while you have a Cream Tea and raise money for Mosamaria. Tickets £5 available from Jill Burrow 01524 732936.



Junior Church

As ever, there is lots going on in Junior Church.

Having decided to raise money for the Lancashire Hedgehog Care Trust in the Christmas Tree Festival, we had great fun learning about hedgehogs and then making hedgehogs, leaves and even a sparkling moon to decorate our tree. We were pleased to send them a cheque for £25 at the start of this term.

We are delighted that two of our older members have joined the Bubble Church team helping to provide a monthly service for young children and their families at St Oswald's. They have been developing their skills as puppeteers as well as being willing to help out in any way they can.

We will be leading a Lent Challenge again across the Benefice this term – this time collecting items required by West End Impact, a charity that supports people who are finding life difficult in the West End of Morecambe. We hope that someone from the charity will be able to come and talk to us about their work and that we will also be able to go to Morecambe and see their work in action. Please look out for details about what they would like us to donate on the weekly sheets in Lent.

Junior Church runs each Sunday during term time. There will be no sessions on February 11th and 18th during half term, but we will then run every week up to and including Palm Sunday.

Do get in touch if you would like to join us. We meet in St Oswald's Church Hall from 11 - 12am with children aged 3 to 11 and under 3's accompanied by an adult. We explore our faith together through activities, games, crafts, songs, drama and fun!

Visiting children are always welcome. For more information, contact Vanessa Alpin on 07746 790979



The Young Generations — For young people aged 9+

This group for young people aged 9+ meets monthly each first Sunday 6pm-8pm at St Oswald's, Warton. We will have food, play some great games together and think of ways we can help our community and the world.

We hope to see you; all are welcome. If you are interested and want to know more please contact Emma, evbrantley@hotmail.com.



Junior Church

BUBBLE CHURCH

You may well have seen advertising for Bubble Church and wondered what it is all about.

It is a monthly half hour service aimed at young children and their families. It is preceded by coffee and croissant and the service includes puppets, singing, prayer, a bible story and a related activity. It is very interactive, great fun and focuses on providing a warm welcome for all.

The idea was developed at a church in Balham during covid when families had to stay in bubbles when in church – hence the name. It proved such a success that the Church of England decided to set up a pilot study to see if it would work in different churches across the country. St Oswald's has been fortunate to be chosen to be part of the pilot.

The diocese has kindly provided a grant to cover the cost of purchasing the equipment required – puppets and so on – and a team of volunteers have been preparing and practising with great enthusiasm.

We launched with our first service on January 14th and there will be a service on the second Sunday of each month at 9.30am for a 9.45 start. Families can either book a place in advance or turn up on the day.

We are thrilled to be part of this exciting new initiative and look forward to welcoming lots of families and small people into our church!











Monthly Charity Coffee Morning

First Saturday of every month 10am-12pm

A chance for the community to come together and raise money for good causes.



















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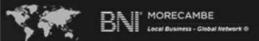
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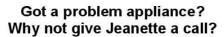
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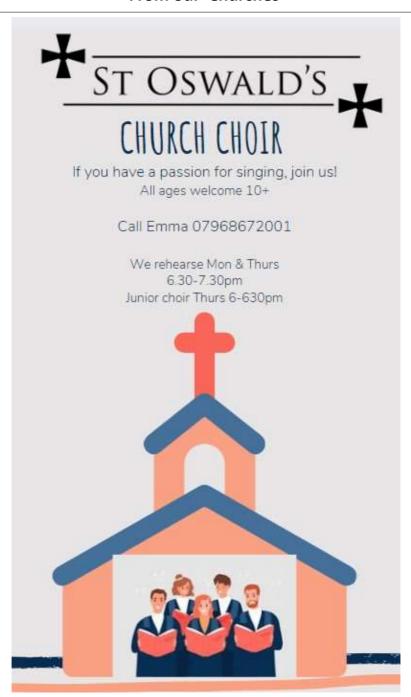
'Hillview', Stainton Street, Millhead, Carnforth, Lancs, LA5 9HH

&

50B Market Street, Carnforth, Lancs, LA5 9LB



From our Churches



From our Villages



Here we are at the start of a new year. Winter is well on its way, we have passed the shortest day in the year and we are now beginning to see the days getting slowly longer.

Snowdrops and crocuses are also starting to emerge and this morning I heard birds in our garden singing away - all signs that Spring will soon be here.

I was away for Christmas this year so did not participate in the many traditional Christmas village events I have come to know and love. New Year too was very different I was in the desert where I watched the last sun of 2023 disappearing behind the sand dunes then gradually as it became very dark stars began to light up the sky. It was an amazing sight and as I sat outside looking at the sky above I thought of that very first Christmas when a star shining so brightly in the night sky guided the magi to Bethlehem to a stable where a baby lay who was to be the Saviour of the world. I still gasp with wonder when I think upon the amazing truth that our creator God loved us so much that He sent his Son, Jesus Christ, to Earth to show us how to live our lives and give us hope for the future.

God's love for us is the theme of our next Messy Church. We look forward to welcoming young families in church on Sunday 11th February 4- 6 pm where we will have a range of crafts and activities suitable for children of all ages exploring the topic 'God is love'. For those who do not know, Messy Church is a form of church which meets about every 2 months primarily for those who are not regular church goers. It is based around families having fun, food and fellowship whilst they learn about the love of Jesus. We have been encouraged at the growth in our Messy Church and look forward to another fun filled program this year.

As well as Messy Church we also have our regular Sunday morning services which are at 10am every Sunday morning.

Our popular Babies and Toddlers group 'Little Stars' meets in the church during term time on Thursday mornings from 9 - 11 am. This is an excellent opportunity for young children to socialise together whilst their carers relax, get to know each other and enjoy a cuppa together. New families are always welcome.

For further information please contact our minister Rev Emma Holroyd on 01524 941266 / emma.holroyd@methodist.org.uk or Rosie Marsh on 07710916091.



From our villages



GriefShare Support Group

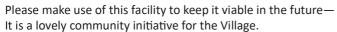
Have you been bereaved? Grief is often a painful and emotional journey with many challenges. GriefShare is a support group offering ongoing help, comfort and encouragement through videos, discussion and workbook. You will find practical help in the videos for the way ahead, reassurance from others in the group who are feeling the same way and further help in the workbook.

Meeting weekly on Wednesdays from October 25th until February 7th, 2pm - 3.30pm at CF Community Centre, LA5 9LR (next to the High School).

See more details on the GriefShare website: https://www.griefshare.org
You can register for the group on the website, type Carnforth in the find a group
search box, or contact carnforthgriefshare@gmail.com or ring Elspeth: 01524 702966

Warton Post Office Outreach

Warton Post Office Outreach is available in the Village Hall weekly each Tuesday from 10.30am to 12 noon staffed by Carnforth Post Office.





Warton Village Hall.

Support your Village -- Hire the Village Hall for Family events, Indoor bowls, Dance classes, Keep fit etc etc.

Newly refurbished kitchen and decor. Spacious Hall and ante rooms. For viewing, booking and rates contact Carol Wolfenden 01524 732091 / 07929283657

Gardening



"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour."- John Boswell 1947-1994 USA

Skeins of geese fly v-shaped across the Winter sky as the garden robin follows me from bed to tidied bed. No time for idle hours Mr. Boswell, now

is the time to really get ahead with preparation for the unfolding year! Our feathered friends will soon be choosing their nesting sites; a quick trim to deciduous hedges might be your priority before February is out or providing a nesting box, in a secluded and sheltered spot. If you have been following our monthly tips and tasks you will have cleaned your slippery paths, turned your compost, bought your seed potatoes and be starting to sow a few vegetable and flower seeds. Mower and tools will be serviced and sharpened and you will be on the starting blocks, ready for the next tasks...so here we go!

The summer bulbs/ tubers and perennial plug plants can be sought to extend the flowering season. Galtonia, Eucomis, Dahlia, Lilies, Acidanthera & Gladioli (a nod to dear old Dame Edna) to name but a few, will definitely be on the list. Your snowdrops may have gone over by now and can be divided "in the green" to encourage even more of these beauties for years to come. If you have Autumn sown sweet peas, these can be pinched back to 2 pairs of leaves or start to sow another group for succession flowering. Tidying old foliage from Perennials, Hellebores and Epimedium will enhance the appearance of the plant and encourage new shoots. If you have a greenhouse be sure to attend to plants by removing any leaves where mildew has formed and on warmer days, ensure good ventilation.

Why not try some new vegetables, think about something which is expensive to buy in the supermarket. Seeds are readily available for many items which are being airfreighted in from lands afar. Herbs add so much to our culinary repertoire and can be grown on a sunny windowsill; why not give them a go? We will be trying Jerusalem Artichokes in a restricted area, as part of the sunflower family their flowers are really attractive to pollinators. Oh yes and then there is Rhubarb...rhubarb...rhubarb! Whilst we are not in the famous "Yorkshire Triangle", it is still permissible to grow it in the Red Rose County! Crowns can be lifted and divided, or a forcing bucket can be put over your crowns, to provide the most delicious delicate stems. Poached with a vanilla pod and brown sugar or made into a crumble, what a treat?!

It isn't always easy for everyone to spread good "muck" at this time of year, we sprinkle 6X which can be used sparingly; a large bag goes a very long way. If you have managed to have a successful compost heap, keep mulching to protect tender new shoots. If you have space for a water butt or two, consider collecting a plentiful supply of rainwater before the heat wave begins. As we wander through our gardens, we start to see early butterflies emerging; last year the Yellow Brimstone was our earliest visitor. To see the fragile wings flitting through the garden brings joy to our hearts and the promise of the Spring to come. We do hope you are enjoying our monthly column and would be delighted to receive any feedback or "Garden Questions". With thanks for contributions from garden owners who open for the Warton Village NGS Group.

How to be Greener

How many of us still have our Christmas tree hanging around by the back door? What do we do with it? Here's a few ideas on how to put it to good use:

Home and Garden Decor

Cut off all the branches and use the trunk to edge a garden. The trunk can also be strategically placed in your garden as a resting spot for birds, squirrels and other wild-life. You can also use the cut-off branches as decorations throughout your home.

Mould-Free Mulch

Since pine needles dry quickly and decompose slowly, you can use them as moistureand mould-free mulch in your garden.

Smell Like Christmas Year-Round

You can make a DIY air freshener by crushing up the pine needles and putting it into a bowl of potpourri or into sachets.

Sippin' on Tea

Another use for your pine needles is to make them into tea. It's as easy as steeping pine needles in boiling water, and then straining it into cups to drink.

Wooden Coasters

Use the stump of your tree to make wooden coasters! Saw your tree stump into 1/3-or %-inch-thick disks.

Feed Your Garden

If you still have your Christmas tree out the back when warm weather appears, there's still a use for it. Burn the branches, which contain soil-enriching nutrients and minerals, and spread ashes in your garden.

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From our schools



Since we returned from our Christmas break, there has been no slowing down at Yealand- it has been full to the brim with excitement!

We welcomed a new teacher into Swallow class, Mr Jeff Winder, who is settling well into life in school.

The children are continuing their PE lessons with Mr Parkinson from Dallam High School and are looking forward to working again with Miss Helen on their gymnastics skills later in the term.

At the Westmorland Show, we met the 'Ladies in Pigs.' They came into school and made sausage rolls and sausage, bean and cheese pasties with the children and talked about life within the farming community and then worked in the Village Hall with the children from Silverdale in the afternoon.

We are holding our Jumble Sale on Saturday 2nd March at 10-1pm. This will be held within the Village Hall, if you have any donations these will be gratefully received from the 19th February in school.

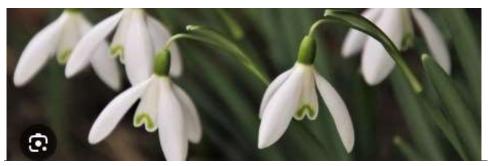
We have a challenge in school to link our core Christian Values: Friendship, Peace, Love, Forgiveness, Trust and Creativity with both Bible Characters and inspirational people who have shown the value in action. If you can help, please let us know.

We also have a Governor post in school, so if you would like to know more then please just pop in.

Warmest Wishes Mrs Brown (Acting Headteacher)

SCHOOL GOVERNOR FOR YEALAND

A school Governor role has become available at Yealand CE Primary School. No previous school experience is needed, only life experience. The Governing Body is an extremely important part of the school family. Commitment is as much as you can spare; termly meetings, occasional visits into school or to events and promoting the school in our wonderful communities. You do not need to be a resident of the 'Yealands' to be a part of this very friendly and supportive team. Interested? Contact the school 01524 781360 or admin@yealand.lancs.sch.uk



From our schools



We have had a really good start to 2024 here in school after a well-earned break over the festive period after a long, busy half-term.

Hopefully by the time you are reading this, we will be noticing the morning and evenings getting lighter.

We started the New Year by focussing on our mental health and as part of this, we had a visit from the Yogi Group who lead each class in a Yoga session which was very relaxing and stimulating at the same time. Morecambe Football Club have been in school each week to help the children in Class 2 improve their football skills. They will continue their visits after half-term when Class 3 will benefit from the weekly sessions.

Class 4 have been in good voice practising for the Young Voices Concert taking place in Manchester at the beginning of this month. This is a phenomenal event which we took part in for the first-time last year and both children and staff have fantastic memories so we can't wait to do it all again this year.

Going back to last term, we were amazed at the generosity of our families and friends who raised a lot of money for charities through National and local fund-raising events. We sold poppies in school as usual for The Royal British Legion Poppy Appeal and raised £86. For children in Need we came to school in pyjamas or PE kit and joined in with a Joe Wicks special workout to test our minds and bodies. We raised approximately £87. For the first time this year, we took part in St John's Hospice Sponsored Elf Run which was great fun and we raised a whopping £850!! This is far more than we anticipated and we are in awe of people's generosity at a costly time of year and particularly in the current financial climate. Finally, we had our Christmas Jumper day and children brought in donations for the Foodbank. Again, we were overwhelmed by the amount of goods we received which hopefully helped some families have a better Christmas than they might have done.

"Though February is short, it is filled with lots of love and sweet surprises."

Charmaine I. Forde

Almighty and everliving God, we humbly beseech thee that, as thy only-begotten Son was this day presented in the temple, so we may be presented unto thee with pure and clean hearts by the same thy Son Jesus Christ our Lord; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever.



Supporting our churches financially



Like all churches, we rely on the generosity of our congregations and our communities to support our mission and ministry.

We are extremely grateful for the many people who give regularly to Church by standing order, by weekly envelope or by cash donation when attending a church service.



People are now able to make donations online to the Church in the Benefice, through our **GiveALittle page**. If you have device with the ability to scan QR codes you can go to our

GiveALittle page by scanning our code printed here...

...or you can follow the link from the home page of our benefice website at www.ubwby.org

The Giving page on our website also give details of how to set up a standing order, which is one of the principal ways of supporting the Church financially and it is the most effective way to give to the Church.



The Giving page also has other information about giving to Church.

Easyfundraising

Another way to support the churches is to do your online shopping using easyfundraising® wihich is the UK's biggest charity shopping fundraising site. It is simple to



use and it's free. Since the launch in 2005, over £31 million has been raised for good causes.

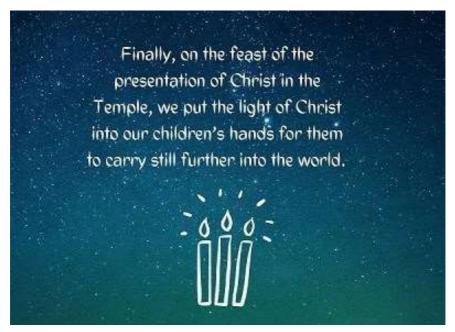
Each of our three churches are registered with easyfundraising[®]. This means you can choose to support one of our individual churches through easyfundraising[®], raising free donations every time you shop online. Over 4,000 shops and sites will donate when you use easyfundraising[®] to shop with them – at no extra cost to yourself!

These donations really mount up and make a big difference, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely free and only takes a moment.

Go to www.easyfundraising.org.uk and search for "St Oswald's Church-Warton-Carnforth" or "St John's Church, Yealand Conyers" or "St Mary's Church - Borwick"

Colouring for our younger readers





Warton Community Gym



Memberships from £35 for 3 months

Situated at the back of Warton Church Hall, our not for profit community gym is the best place for you to fulfill your health and wellbeing needs.

We have equipment such as running machines, weights, vibration plate, rower, and bicycle.

We have available memberships for 3 months, 6 months, and 12 months. We have special rates for seniors, and can also take members who are between 14 – 17 years, as long as an adult accompanies them.

Open 7am - 10pm Monday - Sunday

For more information, or to arrange a viewing please call Hannah on 07761756983, or send an e-mail to wartoncommunitygym@gmail.com

Warton Church Hall

Available to hire weekdays, evenings, and weekends.

The Church Hall is a spacious venue, available for private parties, groups or classes. The hall is also equipped with kitchen and toilet facilities.

We also have a separate meeting room situated towards the back of the hall, which is available to hire for small or regular meetings - or in addition to the Main Hall.

For more information, or to arrange a viewing please contact Carol on 07929283657.



Warton Church Hall, Main Street, Warton, Carnforth, LA5 9PG

The Parish News Team

Articles for submission, send to Kate Waddington at <u>ParishNews@outlook.com</u> by 10th of the previous month.

Advertising enquiries

to Kate Waddington at ParishNews@outlook.com

No charges are made for details of activities from non-profit making community groups within our villages, though donations towards the cost of production are always welcomed. For advertising fundraising events, there is a modest charge.

Distribution enquiries should be made to Angela Sewell Tel: 734308 or by email to alsewell@btinternet.com

There is no charge for "Parish News", but we are grateful to those who feel able, from time to time, to make a donation towards the cost of production.

These can be made by cash or cheque (payable to "PCC of Warton"); please mark the envelope 'Parish News' and hand to a churchwarden in church. Thank you.

A prayer for those in need

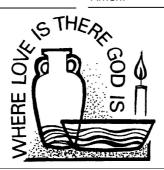
Merciful God, be near to those who are troubled with sickness or other need; in the power of your love, bring relief from present suffering and the return of health, that being made whole in body mind and spirit, they may give thanks again for the gift of life.

Be with all who work for healing, especially those who care for the sick and those in need with professional skill and loving care. Bless them with patience and compassion in their work and grant that in due time they will share in thanks for health and life restored.



A prayer for those who mourn

May you be held by the God of compassion as you remember your loved ones today. May God be with you in your sorrow, and comfort you in your loss. May your God, your family and your friends, give you strength and confidence. May your spirit be lifted, may your heart be filled with peace, and may the light of God's promise fill you with joy and hope. Amen.



Benefice Contacts

Vicar The Rev Alice Omondroyd

vicar.ubwby@gmail.com

Tel: 01524 956839 Mob: 07941 514115

Assisting Clergy The Revd Peter Mann Tel: 01524 419252

Licensed Lay Mrs Annette MacKenzie Tel: 01524 736944

Minister

Churchwardens

St Oswald's Dr Alison Semple

St Mary's Mrs Sally Fletcher Tel: 01524 736508

St John's Mrs Clare Hunter

Mrs Jean Tunnicliffe Wilson Tel: 01524 781274

Pastoral Assistant Mrs Val Ellams Tel: 01524 733292

Safeguarding Team Mrs Alison Semple Tel: 07484 756755

Miss Tracey Lawther Tel: 07990 610687 Mrs Jenny Chapman Tel: 07525749267

Young Generations Mrs Emma Brantley-Tziros Tel: 07968 672001

Junior Church Mrs Vanessa Alpin Tel: 07746 790979

St Oswald's Choir Mrs Emma Brantley-Tziros Tel: 07968 672001

Dr Alison Semple Tel: 07484 756755

All enquiries regarding christenings, weddings, anniversary blessings please contact the Licensed Lay Minister.

Website: www.ubwby.org
Facebook: facebook.com/UnitedWBY/

Twitter: @UnitedWBY

