Parish News

The Benefice Magazine for St Oswald's, Warton and St Mary's, Borwick with St John's, Yealand





CHANGES TO YOUR PARISH NEWS ...
PLEASE READ PAGE 31



September & October 2024

DEAR READER

Hello everyone

Please try to send your copy in as follows:

- 1. When submitting pictures or photographs, think how they will look when printed in black and white.
- 2. Please use Calibri font size 14pt in black.
- 3. Copy submitted by email to be in plain text as above.
- 4. Please set paragraph spacing to 0.
- 5. Please set line spacing to 1.
- 6. Please avoid the use of styles.
- 7. Please submit posters in landscape format.

If you need any help, please do not hesitate to ask - I am always happy to help **Kind regards, Kate**



The Parish News Team

Articles for submission, send to Kate Waddington at **ParishNews@outlook.com** by 10th of the previous month.

Advertising enquiries: send to Diane Mead at diane_mead@yahoo.co.uk

No charges are made for details of activities from non-profit making community groups within our villages, though donations towards the cost of production are always welcomed. For advertising fundraising events, we ask for a discretionary donation.

There is no charge for "Parish News", but we are grateful to those who feel able, from time to time, to make a donation towards the cost of production.

Donations may be made by BACS transfer to:

PCC of Warton 2 01-01-6075562405; cash, or cheque (payable to "PCC of Warton") please mark the envelope 'Parish News' and hand to a churchwarden in church. Thank you.

The Benefice and Social Media

Make sure you keep up to date with all the latest news via

our website at www.ubwby.org

or on Facebook at www.facebook.com/UnitedWBY/ or on Twitter at https://twitter.com/UnitedWBY





Vicar's welcome

John 10:10

I have come that you may have life, and have it in all its fullness



We have waited until the end of the summer to have our holiday, so as this edition goes to press we will be enjoying two weeks of leave with the children. It has been a very full 12 months, and there is so much to be grateful for for us personally.

This summer we have enjoyed seeing lots of visitors come into our Benefice, and have had great conversations with people from all parts of the country and beyond in our churches. We have also heard stories of enormous pain and suffering, heartbreak and grief, again from nearby and much further afield. The experience of human existence is indeed a very full one and Jesus is with us through all of it.

As we prepare to launch our newest service in the Benefice, The Lighthouse at St Mary's, every last Sunday of the month at 5pm, we do so with the conviction that knowing Jesus' love is what brings light and life to our families, our churches, and our communities. I pray that many of you will be able to join this new service, responding with prayer to the suffering of humanity and with joy to the goodness of God.

Best wishes,

Alice

Services

The regular pattern of services on Sundays is:

8.00am Eucharist at St Oswald's

(according to the Book of Common Prayer)

9.30am Parish Eucharist (Common Worship) with choir and

Junior Church at St Oswald's

9.30am Eucharist at St Mary's

(on the 1st & 3rd Sundays of the month).

11.00am Parish Eucharist with activities for children at St John's

5.00pm Benefice Family Service at St Mary's

(last Sunday of the month)

The regular pattern of midweek services is:

Wednesdays Eucharist at St John's at 9.15am

Thursdays Eucharist at St Oswald's at 11.00am

Night Prayer

A recording of Night Prayer (Compline) is available via the link on the home page of our website; the form of service is also available to download.

The pattern of midweek activities in our churches includes:

Tuesdays Coffee Stop at St Oswald's from 9.00am until 11.00am

Wednesdays Knit & Natter at St John's at 2.00pm on the 2nd

Wednesday of the month

Thursdays Breaking Bread Lunch at St Oswald's at 11.45am

Fridays Coffee @ St John's from 10.30am until 12 noon,

with lunch on the 2nd Friday of the month.

Parish Finance article: From the Bishops of Lancaster and Blackburn

Parish Share: Where the money goes; how it is spent and the impact it makes

We would like to say a big 'thank you' for your contributions to Parish Share. We're really grateful for your generosity and for all you do in service of Jesus Christ in our communities across the Lancashire area. The vast majority of these contributions come back to parishes to keep the ministries of our churches running. We believe that stipendiary clergy are a critical part of the ministry of the Church in Lancashire and our commitment to maintain clergy numbers at their current level is only possible because of your generosity. The Diocese of Blackburn is made up of 231 parishes with 272 churches, serving a population of around 1.4 million people. We are all part of one Diocese and, brought together, our Parish Share contributions help us to foster healthy churches that, in turn, transform communities across Lancashire.

So let's take a look at where the money goes; how it is spent and the impact it makes. The first bit of good news is that most of the money you contribute comes back to you in one form or another: as ministry, services and support. Every parish gives, and every parish receives. The largest portion of Parish Share, around 70%, is allocated to parish ministry. This includes placing priests in every benefice. It also covers stipends, pensions, clergy housing and training for current and future clergy.

As a charity, it's important we have robust administrative and governance processes that are transparent and efficient. We manage to do this for less than 1% of share contributions. Five per cent goes to the national church, including contributions to retired clergy housing and national training. Another 5% is used to support our churches through investment in community projects, mission, outreach and initiatives for children and young people. This includes clergy study days, Diocesan Conferences and much more. And a further 5% is dedicated to lay ministry and formation, including training, from which so many of our churches benefit. Around 10% of the funds support the work of 'enabler teams' at the Diocesan Offices who keep everything running smoothly, including safeguarding, property management, communications, HR, stewardship, accounting support and some support for Whalley Abbey.

People sometimes think we get money from the government but, just to be clear, we really don't! And while we are dispelling myths, contrary to what some people think your Parish Share does not pay for anything at our Cathedral in Blackburn. All Church of England cathedrals are structurally independent from dioceses and they receive a limited amount of direct funding from the Church Commissioners.

While we can (and do) secure funding from the national church for specific projects, the money from these rigorously assessed bids can only be used for the projects to which it is allocated.

For everything else the responsibility rests with us collectively as a Diocese, through Parish Share contributions. In fact, the majority of our income comes from parishes.

The balance of our income is made up of rents, grants for specific work and projects, and interest and dividends on our investments.

Thank you for being a beacon of hope in Lancashire and making a lasting impact on the communities we serve in the County; it's your generosity that makes the difference!

Local History

Remembering Annie

We moved from Bolton-Le-Sands to Warton in 1999 into a house on Main St. One of the first people to say 'Hello' was the lady who lived on Plumtree Bank...our gardens adjoined. It was only later when I got to know Annie that her story unfolded. Annie, born Annie Taylor Woods, spent almost her entire life in the village. She left the village school on a Good Friday aged 14, and started work on Easter Monday. Her early life was working in service firstly in Bolton- le-Sands up at 5am finishing at 7pm, six and half days per week. Later she worked as a maid for the Gillow family at Leighton Hall and in the Refreshment rooms at Carnforth station. Her next job was with the Sandeman's family (of the port fame) at Ellel Grange near Galgate. It was here that she met John Peat who was later to become her husband. By now, the second world war had started and John was already serving in the Border Regiment at Carlisle. Annie was back working in the marshalling yard canteen at Carnforth which was set up for the crews working the wartime freight and munitions trains etc., By now, John had been promoted to Corporal and had transferred to the 1st (Airborn Battalion). On the day of 20th September 1944, he landed by glider at Arnhem in what was the infamous Operation Market Garden. John was wounded in the battle and died of his wounds in St Antonious Hospital, Utrecht and is buried in Soestbergen Cemetery. Post war Annie made several visits to the war grave with his surviving comrades to the site of the landing and battle in Holland. One tale she told me was that the telegram informing her of John's death was bought to the canteen whilst she was working. In tears asked to go home, the manageress refused the request and told her to stop crying and work through it!

Some years later Annie remarried to Frederick Walker (Fred) he was a goods guard on the railway working from Carnforth. He died in October 1995 and is buried in St Oswalds churchyard. She visited his grave everyday come rain or shine. It was in her mid 90's that Annie moved a retirement home in Morecambe where she passed away on January 18th 2015 aged 100 and is buried with Fred in our graveyard here at St Oswalds. Alan Bird



Yealand Primary School

Inspire Believe Achieve

'Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith.' 1 Timothy 4:12



We are all excited to welcome in a new year at Yealand Church of England Primary School.

This September, we are looking forward to welcoming our new families and celebrating our change in year groups with a special church service led by Rev. Alice in St. John's Church. During the service, our Swallow children will receive their Bibles. These Bibles will stay with the children throughout their Key Stage 2 journey. The children will be shown how they can make notes, page mark and collect stories and quotes making the Bibles unique and special to them. These will be presented to each child as they leave us in Year 6 as part of their leaver's service.

During this first half term, Swallow class are learning around the theme 'Reduce, Reuse, Recycle'. They will be considering how small individual actions can make a mighty difference.

Robin and Little Owl's class are exploring 'Happy Families.' They will be looking at their own family tree and will also be learning about the Gillow Family by visiting Suzie Reynolds at Leighton Hall and finding out why they are an important family to our local history.

This year at Yealand is the year of our vision. During the year, we will be working together with all stakeholders to ascertain what our individual and collective aspirations are for our children and for our school.

Where do we see ourselves in 5 years? Why is being educated at Yealand special and unique?

This will give us a chance to create a comprehensive plan for the future which will help us to enhance what we offer and make the journey for our children the best that it can be.

If you would like to have an input with this, then please do not hesitate to make contact with me using head@yealand.lancs.sch.uk

From our churches

Coffee Stop at St Oswald's

Tuesdays 9.00am to 11.00am.

A warm place to meet for a drink, cake and a chat! Toys are available for young children. All are welcome.



Join us for Lunch!

On Thursdays at St Oswald's we offer a lunch, usually soup, sandwiches and cakes. We have a quiet Eucharist in church at 11.00am followed by lunch at about 11.45am.

Join us for either, or both! Carers are welcome too.

If you need transport we will try to help.

A donation of around £3 is invited.





We need you!

Are you young at heart and fancy working with our amazing Young Generations Church youth club?

We need your help with leading the group.

Please contact Emma at evbrantley@hotmail.com

A huge thank you to everyone who supported and came to the Young Generations Fundraising Coffee Morning on July 6th. We raised over £470 which means we can keep the youth club going another year where we feed and entertain these amazing kids!

YG meet the first Sunday of every month in St Oswald s 6-8pm.

Thank you.

Yealand Ecumenical Event

Sunday 13th October at St Mary's RC Church, Yealand. For more information, please contact Jean: J.Tunnicliffe-wilson@zen.co.uk

From our churches

Knit and Natter at St John's

If you like to knit, crochet, sew or any other "crafty" sort of work, why not come to Knit and Natter. Everyone is welcome —just bring something to work on while you sit, chat and have a cup of tea. The group meets in the upper room at St John's, 2—4.PM on the 2nd Wednesday of each month.

Sally-Ann Rothwell (734585, sally-ann@thebower.co.uk)





Prayer Group at St. John's.

Fourth Tuesday of the month, 2pm

Bible Study Group - daytime

A monthly bible study group meets on the **2nd Monday of each month from 10am until 12 noon** at Fernlands, Tewitfield. Contact Noeline Clarke on 01524
732825 for more details. All are welcome.



Lunch @ St John's

Join us for a delicious homemade lunch on the second Friday of the month.

All welcome



Coffee @ St John's

Fridays 10:30am till 12noon.

Please join us for coffee, tea and cake. Book and jigsaw swap. **All welcome.**





First Aid Course FIRST AID COURSE WEDNESDAY 6th NOVEMBER. Cost £5 PER PERSON.

Following the success of the CPR session run earlier in the year there will be a First Aid Course at a subsidised price. This follows a kind donation by village residents. The trainer has been booked so we will be confirming places and taking payment over the next few weeks. The course will cover various First aid situations along with how to deal with a casualty using what you have around you. Events such as strokes, collapse, choking, shock, heart attacks, bleeds and diabetes will be included. Where the treatment differs for a minor this will also be covered. If you would like to book a place please email Joanne Wheeler-Stones at Wheeler99@hotmail.co.uk as soon as possible. Places will be offered on a first come basis.

From our Churches



With the arrival of September the days though still warm, now have a crispness in the morning air that hints at the colder months to come. In the woods, trees are beginning their gradual shift from lush greens to the vibrant hues of Autumn and for those who enjoy foraging, hedgerows are brimming with blackberries, elderberries, and sloes, perfect for making jams, wines, and other preserves.

Soon Churches everywhere will be decorating their buildings with the fruits of the season, ready for their harvest festivals. As we decorate our churches, let us take a moment to appreciate the diversity and richness of God's creation. Each apple, pear and sheaf of wheat tells a story of growth and renewal, a story that mirrors our own spiritual journeys.

Here at Warton Church as the new school term starts we will be welcoming back our Little Stars families after the long Summer break. For new parents this is the perfect place to come and make new friends. We meet during term time every Thursday morning from 9 - 11 am so do feel free to pop in for a coffee as we would love to meet you and your young family.

We would also love to see new families at our next Messy Church Event which will be held on Sunday 22nd September from 4 - 6pm. Here, following our traditional 10am Harvest Festival service we will be welcoming children of all ages to celebrate Harvest in a different way with a range of fun activities and crafts. All children are welcome to come to this event provided they are accompanied by a carer. At Messy Church we also want to invite all young families to come to our Messy Halloween. This popular event will be held on Thursday 31st October in our Church from 4 - 6pm.

As well as Messy Church our regular Sunday morning worship services continue each Sunday at 10.00 a.m. We would love to see you there anytime.

For further information please contact our minister Rev Emma Holroyd on 01524941266 (email at emma.holroyd@methodist.org.uk) or Mrs Rosemary Marsh on 07710916091

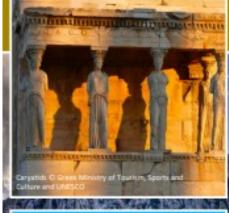


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GREECE

Living with Dementia

To all carers.

Two years ago, my wife Sylvia was really ill and on top of her Alzheimer's problem I was in bad trouble, I wasn't coping. At midnight one evening I rang 999 and the following day at midday I rang 999 again. Those wonderful people came, sorted us out and got me back on track. But I was so tired, at 6am one morning I was sat thinking about what was happening to me and Sylvia, I wrote some words on my notebook (all carers have notebooks handy!). When things were better and I was coping, I remembered my jottings and went and got them. They still seemed relevant so I printed them, this is what I wrote:

Care. Care is like a big old heavy great coat. You put it on in the morning and pause to get used to its familiar weight. It is a monstrous garment. But, paradoxically, you are only privileged to wear it when you have been given wonderful, deep, overwhelming love from another person. My own words now help me to start each day. If they can help others in our situation, I would be happy. Jim Stokes.





Dignity in Dementia September/October Activities

For more information, please contact Diane Smillie on 07771 682378 or Lesley Gill on 07816 895021

Social table tennis – Alternate Wednesday's at Arnside Educational Institute, Church Hill, Arnside, 10.30 am - Noon on Wednesdays

4th & 18th Sept, 2nd, 16th & 30th Oct

Woodland Fun - 11am - 12 noon

Being outside is good for us all. Come and join us for engaging activities connected to nature, at Silverhelme Scout Activity Centre, The Row, Silverdale, LA5 OUG 9th & 23rd Sept, 7th & 21st Oct

Dementia Embracing Community Singing Group Silverdale Songsters - Friday mornings between 10.30 – 11.30 am at St John's Church Hall, St John's Church, Silverdale.

Zoom Poetry Group – Alternate Thursday afternoons between 1.30 – 2.30pm. The group choose the theme and Dignity in Dementia search out poems which are emailed to group members. We then read them together. 5th & 19th Sept, 3rd, 17th & 31st Oct



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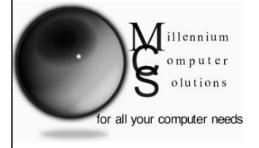
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Enquiries: Angela tel: 01524 782941 or Geraldine tel: 01524 572885

MONDAY BADMINTON

in WARTON VILLAGE HALL

1-3pm



Badminton for fun and fitness – decidedly not league standard!

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Gardening



English Harvest Hymn written in 1844 by Henry Alford

"Come, ye thankful people, come, raise the song of harvest home; all is safely gathered in, ere the winter storms begin...."

This takes me back 60 years or more, to the Harvest Festival in our Baptist Church, where large pumpkins, marrows, runner beans & tomatoes would jostle for a place beside tinned cling peaches & mandarin segments! Little did we know that peaches came fresh from a tree!

September & October are all about gathering fruit & vegetables, eating them "dew fresh" or preserving for prolonged use. The mild & wet weather has produced some excellent crops of broad beans, peas, potatoes, salad leaves & runner beans but less so with the courgettes & squash. Harvesting the first sweetcorn is always very special & later

with the courgettes & squash. Harvesting the first sweetcorn is always very special & later than usual this year. In the greenhouse chillis are romping away & ripening fast. The bumper crop will require preserving by drying, freezing or making relishes &

pickles; ideal for pepping up dishes & challenging the taste buds. The hedgerows are heavy with blackberries & sloes; glean a few for pies, jam & gin! Having made the most of this year's crops, it's time to start thinking about your vegetables for Spring 2025 & making an Autumn sowing of broad beans & peas. With any luck, this will give you an early harvest next year. This is also the best time to sow some more hardy annuals, our suggestions being Cerinthe, Ammi & Cornflowers. Nicotiana Alata also do well, if you can overwinter them in a greenhouse. Time well spent dreaming over seed & bulb

catalogues now, will reap rewards by Spring. Planning colour themes, size of container or flower bed & seasonal progression, are all important considerations for making your garden spectacular in Spring. Clear a meadow area, scarify & sow wildflowers for a joyful display in Summer 2025.

Bring out the "Sarah Raven" in you! Autumn is for gathering; huge bunches of dahlias, sunflowers, wild berries & teasles clustered in vases, will bring a smile & so much joy to everyone. Don't forget to gather seeds from all your favourite annuals & biennials. We have paper envelopes with many seeds in them such as white foxgloves, poppies, corncockles, wild carrot & much, much more.

As the garden centres & nurseries wind down for the Winter, grab yourself a bargain. Split perennials & declutter the borders, curating the plants which you consider to be undesirable & making way for fresh ideas. Add structure with evergreen shrubs,

especially those with berries for the birds. Consider a few young yew trees to punctuate a border & add rhythm to your planting. Embrace your creativity; before you know where you are, obelisks, cones & pompoms will add interest & structure throughout the year.

As the day length shortens, find time to be outside soaking up the Autumn sunshine & marvelling at the bounty which Mother Nature brings. If you have a beautiful garden, which you would like to share with people, to raise money for charity, we would always be interested to hear from you. We are looking to find groups of gardens in the Yealands, Borwick, Priest Hutton & Silverdale to open in 2025 for the NGS. Don't be shy, please contact us & we will be happy to visit, advise & support (claire@lavenderandlime.co.uk).

Thank you for the contributions from the Warton Gardens, opening for the NGS.

SUPPORT IN DIFFICULT TIMES

Music & Memories at Carnforth Free Methodist Community Centre

Thursdays fortnightly 1.30pm to 3.15pm 3rd, 17th & 31st October and so on... Singing and music for people with dementia. Come with your regular carer or another friend or family member.

GriefShare Support Group

Grief&Share Have you been bereaved? Grief is often a painful and emotional journey with many challenges. GriefShare is a support group offering ongoing

help, comfort and encouragement through videos, discussion and workbook. You will find practical help in the videos for the way ahead, reassurance from others in the group who are feeling the same way and further help in the workbook.

Meeting weekly on Wednesdays from October 25th until February 7th, 2pm - 3.30pm at CF Community Centre, LA5 9LR (next to the High School).

See more details on the GriefShare website: https://www.griefshare.org You can register for the group on the website, type Carnforth in the find a group search box, or contact carnforthgriefshare@gmail.com or ring Elspeth: 01524 702966

Carers Support Group

Third Sat monthly (except Aug & Dec) 10:30am to 12:00pm | 19 Oct | 16 Nov

The number of unpaid carers across the UK was recently estimated at 5.7 million. Certainly, it is our experience that many of us have been caring for a family member either at home or by going to their home regularly. By meeting together there's support when issues seem relentless and sharing the 'nuggets' of what helps gained through experience or from other organisations who support carers. It's also time out to relax, find company and laugh together.

All welcome and some lovely free refreshments at both meetings.

CFM Community Centre, Kellet Road, Carnforth LA5 9LR Level parking at the back of the Centre.

For more info or any questions please contact 01524 736141 or connect@cfmc.org.uk



Lord, For those who are caregivers to friends and family, may they feel your love and your sustaining power. May they feel less frustrated and experience less guilt for very human feelings they may have about wanting to escape

their tasks. May they find us eager to support them during their difficult tasks. Help us to be conscious of their feelings of pain and isolation so that we may not ignore our friends. Amen

From our villages

MOURHOLME LOCAL HISTORY SOCIETY

The Society for the Old Parish of Warton

Borwick, Carnforth, Priest Hutton, Silverdale, Warton- with-Lindeth, Yealand Conyers & Yealand Redmayne



Mourholme Local History Society's new season of speakers

There are 8 talks this year and the cost is £2 a visitor of £10 for the year for a single person or £18 for a couple. All meetings are at Yealand Village Hall and finish by 9pm The first talk on Wednesday 25th September at 730pm at Yealand Village Hall is currently being rearranged due to ill health, an update will be on the website www.mourholme.co.uk.

On Wednesday 30th October our talk will be:

Lest we forget - Caring for our wounded soldiers in World War I by Liz Howard-Thornton Looking at medical, nursing and convalescent services provided during World War I, as highlighted through the often-tragic stories of soldiers, remembered on local war memorials and village archives. The talk will include the impact of enlistment on a village population, by comparing statistics of one local village to national available data.

Silverdale History Weekend

A history weekend on 19th and 20th October at Gaskell Hall, 17, Emesgate Lane, Silverdale, LA5 ORA. Entry is free and the doors open at 1030am to 4.00pm each day.

There will be exhibitors representing from both Lancashire and Cumbria Local History Federations, Friends of Lancashire Archives, Arnside Archives, Friends of Silverdale Station, Leighton Hall, Lancaster City Museum and Lancaster Library along with other exhibits in the hall.

There will be six different talks at 10.45, 12.00 and 3.00 on a range of subjects including the Vikings and The King's Guide Across Morecambe Bay.

There will also be a guided walk around Silverdale at 1.30pm as well as opportunities to visit Greywalls, a Thomas Mawson designed garden.

More details will be on our website www.mourholme.co.uk events page



Warton Post Office Outreach is available in the Village Hall weekly each Tuesday from 10.30am to 12 noon staffed by Carnforth Post Office. Please make use of this facility to keep it viable in the future.



Warton Crag Women's Institute meet in Warton Village Hall on the third Thursday of the month at 7.30pm. Light supper provided.

New members welcome. Visitors £3 per meeting - with a maximum of three meetings before joining. Membership details from the President,

Lesley Simon - lesleysimonedit@hotmail.com Web site: http://wartoncragwi.com
September meeting will see Karin Hine talking on "Paddlers for Life". The members competition is "An item from the sea shore"

October meeting has no speaker as it is the AGM. The members competition is "Collage made with Autumn leaves"

Events

NORTH WEST CANCER RESEARCH

The Team are again holding an Afternoon Tea with raffle and other stalls on Saturday 26th October in the Church Hall at 2.00 pm. Please support this very worthwhile cause.





The Heron Theatre, Stanley Street, Beetham, Milnthorpe, LA7 7AS

SEPTEMBER PERFORMANCES

6 th Sept	Film – Wicked Little Letters
8th Sept	Encore Opera – Music
13 th Sept	Austen's Women: LADY SUSAN – Drama
17th Sept	Exhibition on Screen - My National Gallery: London
21st Sept	Music with Ben P Williams, a Manchester based singer-songwriter
27th Sept	The 39 Steps - Drama
4th Oct	Film – Anatomy Of A Fall
6 th Oct	Classical Music with Trio Kagura
11th Oct	I'm Glad I asked - Drama
19th Oct	Will Finn & Robert Calvert - Folk Music
25th Oct	How To Be Brave - Drama

For more details and to book online go to www.theherontheatre.com

Events



Autumn Fair





St Oswald's, Main Street, Warton



Saturday 2th November 11am – 2pm

FREE ENTRY

Stalls include: Tropic, Crafts, Gifts, Plants, Cakes, Christmas Cards, Tombola, Raffle, Children's Activities, Refreshments,

Chocolate Fountain and More!



COFFEE MORNING

in aid of



stalls include: cake stall, raffle, tombola, preloved goods and cup cake decorating

> Saturday 5th October 10 am – 12 noon

From the Editor

Hello my name is Kate and I'm the editor of your Parish News magazine.

Rev. Alice has asked me to do an article introducing myself to you all ... I guess it's about time as I've been putting the magazine together for seven years now!

I am in my 50s, a self-employed "home help", live near Endmoor and work six days a week primarily supporting the elderly with anything they need help with to enable them to stay at home rather than go into care. I care for stroke patients and people living with dementia, providing services including (but not limited to) cooking, cleaning, shopping, washing, ironing, gardening and outings for the housebound - if it helps someone, is moral and legal, I will do it for money (and no, this isn't an advert).

It is a lovely way to earn a living and a privilege to help people through difficult times, particularly the vulnerable. Laughter is good for the soul and as I am a bit daft, this is naturally incorporated into my work. I genuinely enjoy the company of older people, they have so many valuable lessons to teach us. They have enjoyed long, full lives and survived many challenges, becoming more whole and rounded for the experience - my clients are my greatest teachers and we always become friends.

Outside of work I look after my lovely Mummy who lives locally and at 92 is my priority, inspiration and just an all round amazing lady.

My happy places are feeding the ducks, working in my garden, walking in the woods and of course, spending a lot of time with my better half Alan - we have lots of great adventures, usually involving live music, we love to travel and experience new places and people from all walks of life around the world. Alan has twice walked the whole 500 miles of the pilgrimage to Camino de Santiago - the Way of St. James - and I have joined him for his third time. We have to do it in stages due to time constraints and I hope to get to Santiago one day, but I won't stop there as I intend to continue to Finisterre (the end of the land). For me the journey feels more complete to walk until you can walk no further because the sea is in the way.

My connection with the benefice is my Father and terrific Stepmum who lived in Yealand for over 35 years. You will often see my Stepmum walking Sam the gorgeous black labrador around the village.

I temporarily took on the volunteer role of putting the Parish News together when Rr. Damian moved on in 2017 and have been asked by subsequent Vicars to continue with this voluntary work.

Rev. Robin streamlined the format of the magazine, making it easier to produce and read, Rev. Alice is moving us forward into embracing technology to reduce the volunteer time involved in producing and distributing this communication in an efficient and cost effective way. Kevin Alpin, who with his vast computer knowledge, has taught me about formatting shortcuts that reduce the editing time. I am blessed to have this support, really enjoy doing the magazine as it keeps my computer skills up to date and I love to hear what's going on in the benefice. I used to be a regular attendee at St. John's, but I have found that travelling to Yealand for 9.15AM on my only day off is a little early for me. I'm looking forward to the change in service times to come as this gives me an opportunity to get to a Sunday service - I miss the fellowship.

Putting the magazine together can take many hours and I really appreciate the efforts of my deputy editor Lexi, my little black cat who keeps me company whilst supervising the whole process: I had to mention her as she tells me that she gets no recognition or extra treats for her work in this area.

Copy sent in that follows the format guidelines on the first page of the magazine is a massive help to me as having to reformat contributions can add several hours to the workload.

That's about all there is to tell, Granville asked for a photo of me "at work" on the magazine, but as that would involve me tidying my desk, I hope that this picture of us at a music festival will suffice.....





Parish News Update

We have compiled the results of the survey and wish to thank everyone who completed one. We have listened to your answers, thoughts and ideas and it has been decided that your free magazine will now be published six times a year, starting with September & October, then every two months.

We are very keen to have articles as well as local events published, if anyone would like to contribute then please send copy to: parishnews@outlook.com Please send articles for publication by the tenth of the previous month.

The magazine can be downloaded from the benefice website: https://ubwbv.org/weekly-sheet-magazine/

We will continue to deliver to those who do not have access to the internet and there will be copies available in each church within the benefice.

In order to relieve the workload of our hard-working volunteers, we are currently looking at quotes to get the magazine professionally printed and delivered to homes that require a paper copy.

Please follow our facebook page for up to date events and information https://www.facebook.com/UnitedWBY

Rev. Alice and Kate

Supporting our churches financially



Like all churches, we rely on the generosity of our congregations and our communities to support our mission and ministry.

We are extremely grateful for the many people who give regularly to Church by standing order, by weekly envelope or by cash donation when attending a church service.

Donate Online give

People are now able to make donations online to the Church in the Benefice, through our **GiveALittle page**. If you have device with the ability to scan QR codes you can go to our

GiveALittle page by scanning our code printed here...

...or you can follow the link from the home page of our benefice website at www.ubwby.org

The Giving page on our website also give details of how to set up a standing order, which is one of the principal ways of supporting the Church financially and it is the most effective way to give to the Church.



The Giving page also has other information about giving to Church.

Easyfundraising

Another way to support the churches is to do your online shopping using easyfundraising® wihich is the UK's biggest charity shopping fundraising site. It is simple to use and it's free. Since the launch in 2005, over £31 million has been raised for good causes.

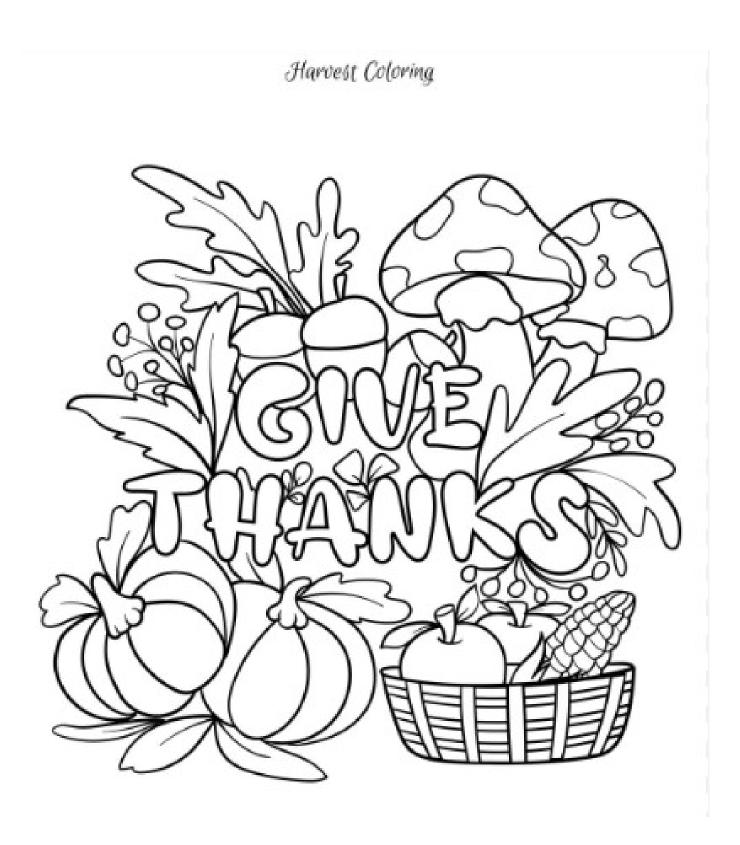


Each of our three churches are registered with easyfundraising[®]. This means you can choose to support one of our individual churches through easyfundraising[®], raising free donations every time you shop online. Over 4,000 shops and sites will donate when you use easyfundraising[®] to shop with them – at no extra cost to yourself!

These donations really mount up and make a big difference, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely free and only takes a moment.

Go to www.easyfundraising.org.uk and search for "St Oswald's Church-Warton-Carnforth" or "St John's Church, Yealand Conyers" or "St Mary's Church - Borwick"

For our younger readers



Warton Community Gym



Memberships from £35 for 3 months

Situated at the back of Warton Church Hall, our not for profit community gym is the best place for you to fulfill your health and wellbeing needs.

We have equipment such as running machines, weights, vibration plate, rower, and bicycle.

We have available memberships for 3 months, 6 months, and 12 months. We have special rates for seniors, and can also take members who are between 14 – 17 years, as long as an adult accompanies them.

Open 7am - 10pm Monday - Sunday

For more information, or to arrange a viewing please call Hannah on 07761756983, or send an e-mail to wartoncommunitygym@gmail.com

Warton Church Hall

Available to hire weekdays, evenings, and weekends.

The Church Hall is a spacious venue, available for private parties, groups or classes. The hall is also equipped with kitchen and toilet facilities.

We also have a separate meeting room situated towards the back of the hall, which is available to hire for small or regular meetings - or in addition to the Main Hall.

For more information, or to arrange a viewing please contact Carol on 07929283657.



Warton Church Hall, Main Street, Warton, Carnforth, LA5 9PG



A prayer for those in need

Merciful God, be near to those who are troubled with sickness or other need; in the power of your love, bring relief from present suffering and the return of health, that being made whole in body mind and spirit, they may give thanks again for the gift of life. Be with all who work for healing, especially those who care for the sick and those in need with professional skill and loving care. Bless them with patience and compassion in their work and grant that in due time they will share in thanks for health and life restored.

Amen

A prayer for those who mourn

May you be held by the God of compassion as you remember your loved ones today. May God be with you in your sorrow, and comfort you in your loss. May your God, your family and your friends, give you strength and confidence. May your spirit be lifted, may your heart be filled with peace, and may the light of God's promise fill you with joy and hope. **Amen.**





A prayer for Autumn

We bless you, God of Seed and Harvest and we bless each other in this season of mellow fruitfulness.

May the beauty of this world and the love that created it be expressed through our lives and be a blessing to others, now and always.

And until we meet again, may God keep us in the hollow of His hand. **Amen**

Benefice Contacts

Vicar Rev. Alice Ormondroyd 01524 732946

vicar.ubwby@gmail.com

Assisting Clergy

Licensed Lay Mrs Annette MacKenzie Tel: 01524 736944

Minister vicar.ubwby@gmail.com

Churchwardens

St Oswald's

St Mary's Mrs Sally Fletcher Tel: 01524 736508

St John's Mrs Clare Hunter

Mrs Jenny Chapman Tel: 07525749267

Pastoral Assistant Mrs Val Ellams Tel: 01524 733292

Safeguarding Team Miss Tracey Lawther Tel: 07990 610687

Mrs Jenny Chapman Tel: 07525749267

Young Generations Mrs Emma Brantley-Tziros Tel: 07968 672001

Junior Church Mrs Vanessa Alpin Tel: 07746 790979

St Oswald's Choir Mrs Emma Brantley-Tziros Tel: 07968 672001

St Oswald's eco Mrs Jodie Kilty Tel: 07999 793324

church initiative

All enquiries regarding christenings, weddings, anniversary blessings

please contact the Rev. Alice

Website: www.ubwby.org

Facebook: facebook.com/UnitedWBY/

Twitter: @UnitedWBY

